

COMPLIMENTARY

2022 SUMMER/FALL

# Carbondale

— COLO R A D O — Magazine

HISTORY | ARTS + CULTURE | EATS & DRINKS | RESTAURANT REVIEW  
COMMUNITY + RECREATION | BUSINESS & SERVICES | MAPS

EXPLORE **MORE**  
ADVENTURE **MORE**  
ENJOY **MORE**

CARBONDALEMAGAZINE.COM



# Giving wings to dirtbag dreams.



Ragged Mountain Sports' vision of rallying the local community to make outdoor recreation attainable for everyone has led us to where we are today. We are proud to be the premier consignment gear store in the Roaring Fork Valley. We specialize in high quality used goods for mountain sports at an affordable price. Whether you are looking to get into a new sport or have decided to simplify - we are here for you. We accept and sell everything from skis to kayaks. If you have any questions about what kind of consignment we are currently taking or selling, please give us a ring or stop by.

[RAGGEDMOUNTAINSPORTS.COM](http://RAGGEDMOUNTAINSPORTS.COM) • [@RAGGEDMOUNTAINSPORTS](https://www.instagram.com/RAGGEDMOUNTAINSPORTS)  
810 HWY 133, CARBONDALE, CO 81623 • (970) 510-5185

# Welcome to Carbondale

CARBONDALE'S ELEVATION IS 6,181 FEET ABOVE SEA LEVEL. TO THE SOUTH, IS THE IMPRESSIVE MT. SOPRIS, A TOWERING 12,953 FEET.

Incorporated in 1888, Carbondale is situated in the heart of the Colorado Rockies and the Roaring Fork Valley. The town is located downstream from Aspen and upstream from Glenwood Springs at the confluence of the Roaring Fork & Crystal Rivers. The downtown historic district's charming appeal blends historic and modern architecture.

Rich with history, the area was originally a Ute Indian settlement. In the late 19th century, the silver prospectors arrived to the valley. Since the 1900s, potato farming and cattle ranching have been part of Carbondale's heritage. Today, Carbondale is a vibrant community which appeals to outdoor adventurers, art aficionados, golfers, fly-fishermen, foodies, scenery buffs and hot spring lovers. There are also five ski resort mountains within a 30 mile radius.

## GETTING HERE

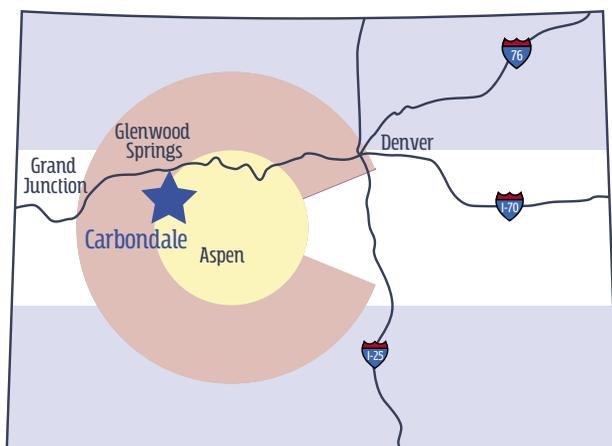
Whether it's by train, plane or automobile, there are several transportation options, all which offer beautiful scenery along the way.

For convenience, **Aspen/Pitkin County Airport** is the way to go. Other airports nearby include **Eagle County Regional Airport** and **Grand Junction Regional Airport**. Flights into **Denver International Airport** tend to be the most affordable option.

One of the most scenic routes from Denver is by train. **Amtrak's California Zephyr** is just shy of a six hour ride from Denver's Union Station to Glenwood Springs ([Amtrak.com](http://Amtrak.com)).

Another option aside from renting a car in Denver is CDOT's interregional express bus, **Bustang** which travels to Glenwood Springs. From there, it's just a 13 mile drive on Hwy 82 to Carbondale.

No car? No problem. **The Roaring Fork Transportation Authority (RFTA.com)** is the local bus service, with regular schedules from Aspen to Glenwood and beyond. Rather hail a cab? Call reliable Valley Taxi (970-404-5181), which services the entire Roaring Fork Valley.



## NEARBY CITIES AND DISTANCE FROM CARBONDALE

- **Glenwood Springs** (13 miles)
- **Aspen** (30 miles)
- **Vail** (74 miles)
- **Grand Junction** (100 miles)
- **Denver** (170 miles)

# TABLE OF CONTENTS

- 4 What Makes Carbondale Unique
- 6 Carbondale Nonprofits
- 14 Potato Day
- 18 WindWalkers
- 20 Protect Pets Against Pests
- 22 Strang Ranch
- 22 Revel Bikes
- 34 Lodging Guide
- 38 Dining Guide
- 46 Restaurant Review
- 36 Downtown Historic Walking Tour
- 51 Carbondale Parks and Recreation
- 52 Business Directory
- 56 Redstone Castle
- 58 Haunted Redstone
- 60 Redstone General Store
- 46 Rio Grande Trail Map
- 48 Town of Carbondale Map

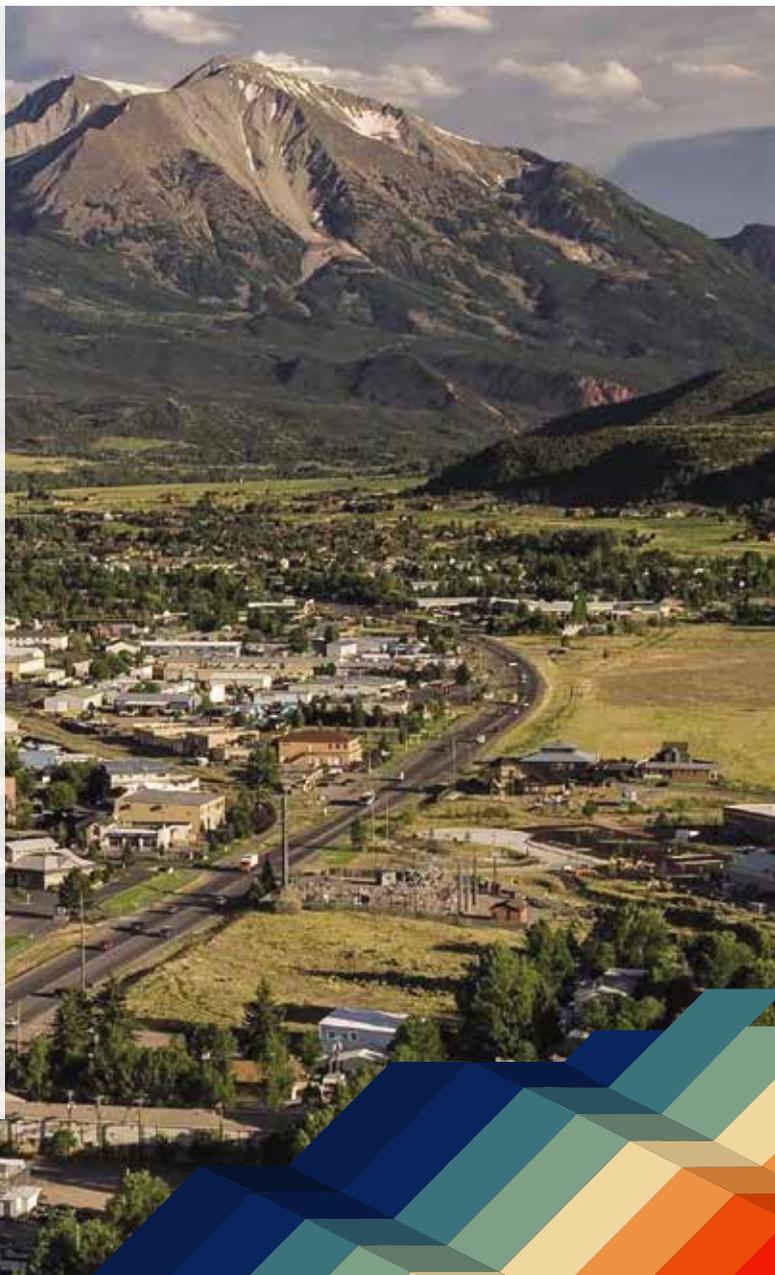


Photo by David Clark



## WE BELIEVE IN COMMUNITY

- 13 Amoré Realty and Carbondale Homeless Assistance
- 17 Allegria and Smiling Goat Ranch
- 29 Tiny Pine Bistro and Valley Settlement

**PUBLISHED BY:**  
Paradise Publishing  
info@Paradise-Pubs.com  
970-596-3396  
CarbondaleMagazine.com

**EDITOR:**  
Bridgette Maxwell

**ADVERTISING SALES:**  
Caren Austin  
Lisa Curley

**GRAPHIC DESIGN & LAYOUT:**  
Jessica Meath  
Grace Quest

**COVER PHOTO:**  
David Clark

# CARBONDALE, COLORADO

## USEFUL INFORMATION

Emergency / Fire / Ambulance	911
Garfield County Sheriff non-emergency	970-945-0453
Carbondale Fire Department non-emergency	970-963-2491
Carbondale Police Department non-emergency	970-963-2662
Carbondale Branch Library	970-963-2889
Carbondale Chamber of Commerce	970-963-1890
Carbondale Post Office	800-275-8777
Carbondale Recreation & Community Center	970-510-1292
Carbondale Town Hall	970-963-2733
RFTA Public Bus Service	970-925-8484

## HOSPITALS / MEDICAL CARE

Aspen Valley Hospital, Aspen	970-925-1120
Roaring Fork Family Practice, Carbondale	970-963-3350
Valley View Hospital, Glenwood Springs	970-945-6535

## SENIOR SERVICES / ASSISTED CARE LIVING

Heritage Park Care Center	970-963-1500
Pitkin County Senior Services	970-920-5432



Photo by David Clark

# WELCOME TO CARBONDALE!

When I moved to Carbondale twenty years ago, the Town's Comprehensive Plan proudly stated 'Don't change Carbondale; let Carbondale change you.' As a newcomer myself, I was initially put off by this seeming resistance to change. I believe that change is inevitable, and our choices lie mainly in how we adapt to it.

But twenty years later, I've learned what my predecessors meant by this statement. They meant that Carbondale is a special place, a friendly, diverse mix of immigrants, artists, entrepreneurs, environmentalists, blue collar workers, retirees, and others who come together to create a community unlike any other. They meant that everyone is welcome to participate in and contribute to our community's vitality. They meant that we prefer to get creative and find local solutions to our local challenges. They meant that we know we have something worth protecting, nurturing, and fostering even as the pace of change increases with each passing year.

So we welcome you to stay awhile, contribute your unique talents to our community, and be changed by Carbondale. We all feel lucky to have landed here, and we always welcome new visitors and residents who bring creativity and goodwill. Let's work together to support local businesses, minimize our impacts on the environment, and strengthen the characteristics that attracted each of us to Carbondale.

- Ben Bohmfalk, Mayor of Carbondale



## CONTRIBUTORS

### WRITERS

Caren Austin  
Kevin Austin  
Amy Bradley  
Dr. Melissa Gisleson  
Sue Gray  
Lynn Kirchner  
Signa Strom

### PHOTOGRAPHY

Carbondale Historical Society  
David Clark  
Will Granbois  
Sue Gray  
Joan Herbst  
Lynn Kirchner  
Jessica Meath  
Redstone Castle  
WindWalkers

# What Makes Carbondale UNIQUE?

By Shaina Maytum

Each of the communities in the Roaring Fork Valley - Glenwood Springs, Carbondale, Basalt, Redstone and Aspen - has a unique character. Glenwood Springs, with its hotels, hot springs, and opportunities for guided adventure is a favorite with tourists, while Aspen offers high mountain views and a luxury vibe. Between the two lies the small, charming and quirky town of Carbondale. From the spectacular surroundings to the arts scene and the town's deep love of festivals, Carbondale is unique among the communities along Highway 82. Here are five reasons it's worth making the turn onto Highway 133 and exploring the Roaring Fork Valley's hidden gem.

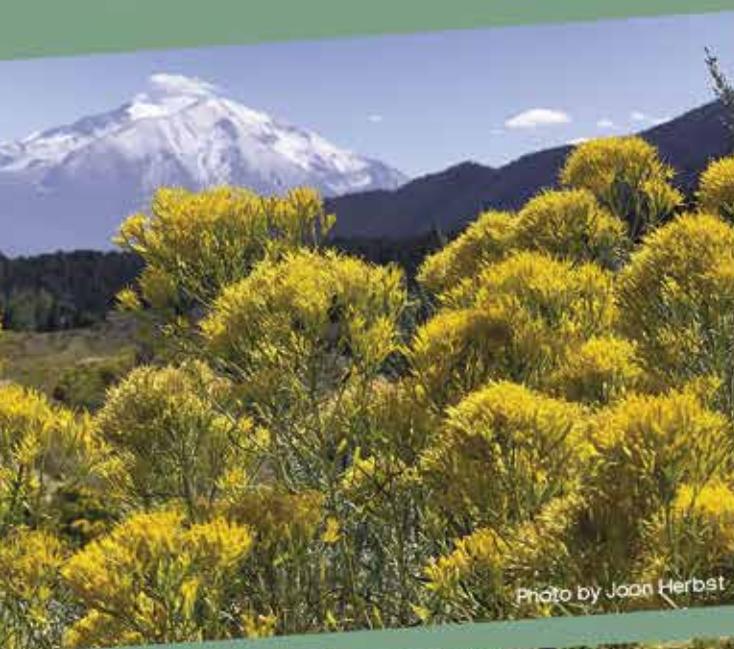


Photo by Joan Herbst

## THE SCENERY

Mt. Sopris, which some sources say the Ute people call "Mother Mountain," while others suggest the name translates to "Ancient Mountain Heart," climbs nearly 6,000 feet from the valley and is beloved by visitors and locals alike. The imposing mountain, with its twin summits at just below 13,000 feet, is Carbondale's most notable feature by far. Carbondale is also surrounded by brush-covered hills and high red-rock cliffs which are almost reminiscent of those in Utah. Be sure to hike up the popular Mushroom Rock trail for panoramic views of Mt. Sopris, the Elk Mountains and the confluence of the Roaring Fork and Crystal rivers. From this vantage point, you will also be able to see that Carbondale is located in a broad, flat valley - very different from neighboring communities up and downstream.

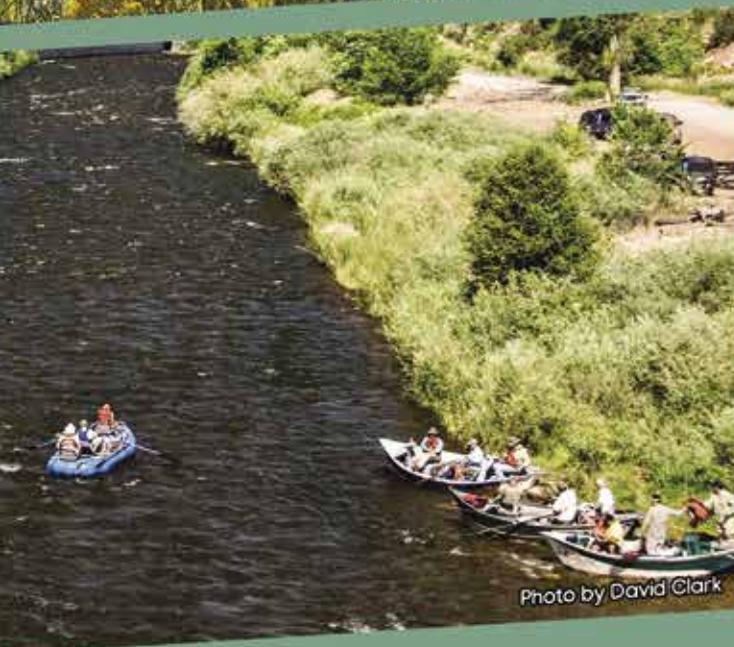


Photo by David Clark

## RECREATIONAL OPPORTUNITIES

Every town in the Roaring Fork valley has access to fun in the great outdoors, but Carbondale's complex landscape allows for a myriad of activities close to town. Hiking trails, all within 30 minutes, range from the red cliffs of Mushroom Rock and the sagebrush hills of the Lorax trail, to the shady aspens of Marion Gulch and the alpine adventure of Mt. Sopris. Expert mountain bikers love the Red Hill trails, while beginning and intermediate riders enjoy the extensive Prince Creek trail system. The Roaring Fork and Crystal rivers both provide access to world-class fly fishing, and the section of the Roaring Fork below the confluence is classified as a Gold Medal trout stream. Paddlers also love this relatively easy stretch of river; guiding services are available in Glenwood Springs. Even just a walk around town or on the river trail can feel like an adventure.



## THE ART SCENE

According to the Carbondale Creative District, Carbondale "is home to upward of 200 creative organizations, businesses, artists and artisans." Indeed, despite the town's small size, it is filled with opportunities to experience visual art, pottery, glass blowing demonstrations, dance, theater, music and more. The Launchpad regularly features art shows and performances, and even the bike path showcases work by local artists. Visit [carbondalecreativedistrict.com](http://carbondalecreativedistrict.com) for up-to-date information on exhibitions, performances and other opportunities to participate in the local art scene.



Photo by Sue Gray

## FESTIVALS

If there's one thing Carbondale loves, it's a unique festival. Dandelion Day was created by the Carbondale Environmental Council to celebrate the coming spring and the area's farms. In the fall, the town celebrates Potato Day, Carbondale's oldest community event. Potato Day historically honored the region's potato farms and the end of the harvest season and the tradition carries on today with a parade, family activities and a community meal. The jewel in Carbondale's festival crown is the cult-classic annual Mountain Fair, which takes place over three days at the end of July. Mountain Fair, which Carbondale Arts characterizes as "music, art, pie-bakin', wood-splittin', fly-castin', belly-dancin', fun-lovin' festival since 1971." The festival features vendors, food, family-friendly activities, art and music that lasts all weekend. This year's Fair, which will run July 29-31, features well-known acts The Motet and Band of Heathens. This year marks the 50th anniversary of Mountain Fair and shouldn't be missed.

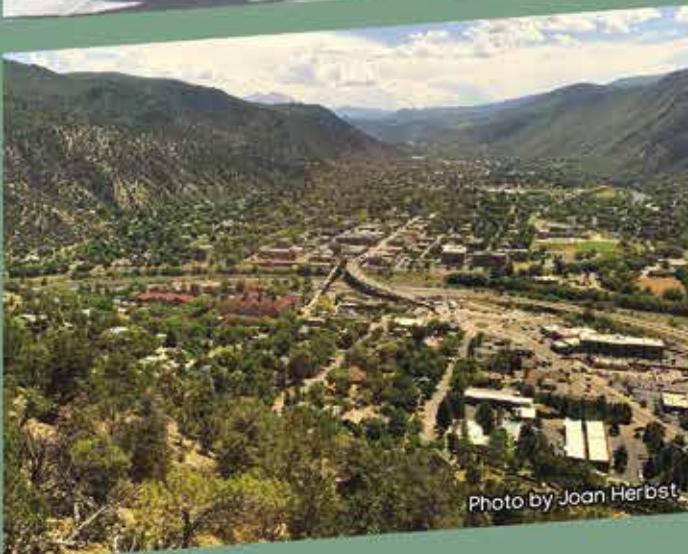


Photo by Joan Herbst

## ACCESS TO OTHER TOWNS

Although there is plenty to do in Carbondale, its central location makes for easy access to other towns in the valley. Carbondale is just a fifteen minute drive from Glenwood Springs or Basalt, and 30 minutes from Aspen. Another half an hour of driving will take you to the top of Independence Pass, and a three hour round trip can get you to the funky small town of Twin Lakes and back. Visitors can also head up the Crystal River to the tiny nearby towns of Redstone and Marble, or to the summit of stunning McClure Pass. A round trip to the vineyards and farms in Paonia or Hotchkiss can make for a fun day trip too, also requiring about three hours round-trip.

# CARBONDALE'S NONPROFITS

By Lynn Kirchner

## WHAT IS A NONPROFIT? BY DEFINITION

“A nonprofit organization, also known as a non-business entity, not-for-profit organization, or nonprofit institution, is a legal entity organized and operated for a collective, public or social benefit, in contrast with an entity that operates as a business aiming to generate a profit for its owners.”

~ Wikipedia



Photo by Dancing Eagle Photos

Carbondale is home to a significant number of registered non-profits. This edition of Carbondale Magazine is dedicated to the support of those nonprofits. Nonprofits are offered the opportunity to feature their entity in collaboration with a local Carbondale Business or on their own. “We Believe in Community” pieces feature partnerships between local businesses and non-profits they are passionate about.

One of the most common questions I am asked when assisting people who are relocating here is “How do I get involved in the Community?” My response is to volunteer at one of many of our local non profits that locally support our community. At the top of a very long list are: Carbondale Homeless Assistance, Aspen Valley Land Trust, Carbondale Clay Center, Steve’s Guitars, Mana Grocery, Carbondale Rodeo, 5Point Film Festival, Carbondale Rotary, Carbondale Summer Music Series, Carbondale Arts, Carbondale Farmers Market, KDNK Radio including Andy Zanca Youth Program, Carbondale Historical Society, Wind Walkers Therapeutic Riding, The Center for Human Flourishing, Way of Compassion Foundation, Smiling Goat, Roaring Fork Valley Horse Council, Thunder River Theater, Wilderness Workshop, Mountain Fair and The Sopris Sun Newspaper.

My first introduction to nonprofits in the area was back in the early 90’s, when I was the youngest and one of only 3 women in **CARBONDALE ROTARY**. Rotary is an international organization that provides hands on community support for people in need. In addition, Rotary provides local high school students with the opportunity to study internationally for a year with their student exchange program. The annual Rotary fundraiser, “The Happening”, was the biggest fundraiser in Carbondale for many years, gathering 500+ people for an evening of dining, entertainment, dancing and fundraising auctions. It was always a sold-out event.

**STEVE’S GUITARS** is the place to be on Friday nights. For over 23 years, Steve and his musical guests have provided Carbondale with some great entertainment. In the summer, Steve is behind the scenes creating the Summer Music Series in Sopris Park on Sunday evenings. A great way to wind down during the weekend.

**CARBONDALE CLAY CENTER** is celebrating 25 years of ceramic arts in Carbondale. We are so fortunate to have a clay center in our community. CCC provides education for all ages and encourages the community to join in their annual events which have become legendary. Have you seen the Alligator Cake?? Their Cajun Clay fundraiser is famous for food and fun. Other annual events are the Cup Auction and Pairings. Don’t Miss Them!!!



**CARBONDALE**  
Car Care Inc.  
"Carbondale's only hometown station"

**\$5 OFF**  
**OIL CHANGE**  
with coupon.  
Limit one per customer

Let us be *your* auto repair and maintenance shop!

PHILLIPS 66 Gas & Diesel  
24 hours a day  
7 days a week

Complete tire selection

www.AutoRepairCarbondaleCO.com (970) 963 - 2032

1100 Hwy 133  
in Carbondale  
across from City Market

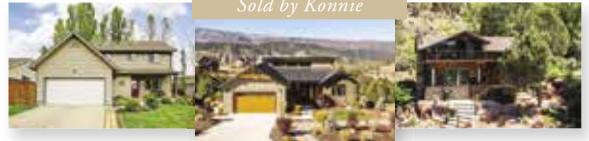
Mon - Fri  
7a - 5:30 p

ASE  
AutoCare

OPEN



**HOME** HAS NEVER BEEN MORE IMPORTANT.



**Authentic, Engaged Realtor.**  
Inspired to introduce a new HOME to Buyers and a desired change in HOME for Sellers.

"Full of energy, professional skill and totally dedicated to her clients. She is truly hard working, quick to support and lead."



**KONNIE KRAHN-PROSEENCE**  
970.319.1086  
konnie@masonmorse.com



**Oral Surgery**  
for the whole family

*rfos*

Roaring Fork Oral Surgery and Dental Implants

**Colin Galbraith, DMD**  
Board Certified Oral and Maxillofacial Surgeon

- Wisdom Teeth
- Bone Grafting
- Dental Implants
- Full Arch Rehabilitation
- IV and Oral Sedation
- Kids and Special Needs
- Facial Trauma
- Pathology
- Botox
- TMJ Dysfunction

970.945.9644 | 406 South Hyland Park Dr.  
roaringforkoralsurgery.com | Glenwood Springs

**Include your business in the 2023 winter/spring Carbondale Magazine**

Contact Caren  
(214) 893-4989  
caren@paradise-pubs.com

**CARBONDALE HOMELESS ASSISTANCE** provides direct assistance to the housing challenged in our community. Although we are fortunate to not have a large contingency of homeless, 8 years ago we created a way for those in need of daily hygiene to use the Recreation Center for showers. Many have been able to gain employment, build their self esteem and some have even been able to find suitable housing situations. Our growing concern is the “Almost Homeless” contingency of people. This is where an individual or family is one incident away from not being able to pay to keep a roof over their heads. Volunteers for this group work tirelessly to help connect the dots and keep people in contact with those who can help.

There was a time when we almost lost **THE CARBONDALE RODEO** and **CARBONDALE COUNCIL OF ARTS AND HUMANITIES**. Times were tough and challenging and it took a small group of dedicated believers to champion these causes to keep them going in our community. Today both are doing very well and have support of our entire community and beyond.

**KDNK RADIO** has been in Carbondale since dirt arrived. In recent years, the Andy Zanka Youth Program was started to involve the youth of the community. Our local radio station does it all and is one of the top radio stations streamed by almost everyone. From local, national and international news, emergency events to every venue of music, KDNK covers it. Our DJ's are the best!!

Newer on the scene, at 15 years old this year, is **5POINT FILM FESTIVAL**. The idea of the event started over a cuppa something and has blossomed over the years into one of the most highly acclaimed Film Festivals drawing in thousands of participants, die hard outdoor enthusiasts and film goers every spring.

The only event that pulls in more people than 5Point Film Festival is **MOUNTAIN FAIR**. Over 50 years old, this event is held every July and stands out as one of the best local fairs in the country. A long weekend of food, fun, music, entertainment, vendors and all around coming together of all kinds of people from all over. To be considered a local you have to indulge in the annual Mountain Fair every year.

Rumor has it that Carbondale is home to well over 130 nonprofit entities. Limited by time and space to select a few to discuss, no disrespect to any not mentioned or overlooked. So if you are wondering how to be part of our community or how to get involved, you have a lot of options. Get out and enjoy them!





**RIPPLEEFFECT**



## WHO WE ARE:

- A collective of mountain athletes with decades of experience, a deep background and education both in training for, and performing, in mountain sport
- Instructors who are passionate about helping others succeed no matter the ability level
- Individuals who prioritize community and wellness

## WHAT WE DO:

- Strength conditioning for mountain athletes\*, runners, cyclists, climbers, skiers, boaters, recreational and elite  
\*an athlete is anyone who moves their body with intention around health and wellness.
- Create structural and postural alignment
- Help with injury prevention and rehabilitation
- Promote wellness for lifelong activity
- Recreational and elite sport performance
- Small group, private classes, program design and online event specific coaching

Connect with us: [rippleeffecttraining.com](http://rippleeffecttraining.com) • [info@rippleeffecttraining.com](mailto:info@rippleeffecttraining.com) • 970-773-3317  
Home to Roaring Fork Valley athletes for nearly a decade • Open to ALL



Beautiful Home  
Furnishings and  
Accessories

Complimentary  
Design Services

Custom Wood  
Working Shop

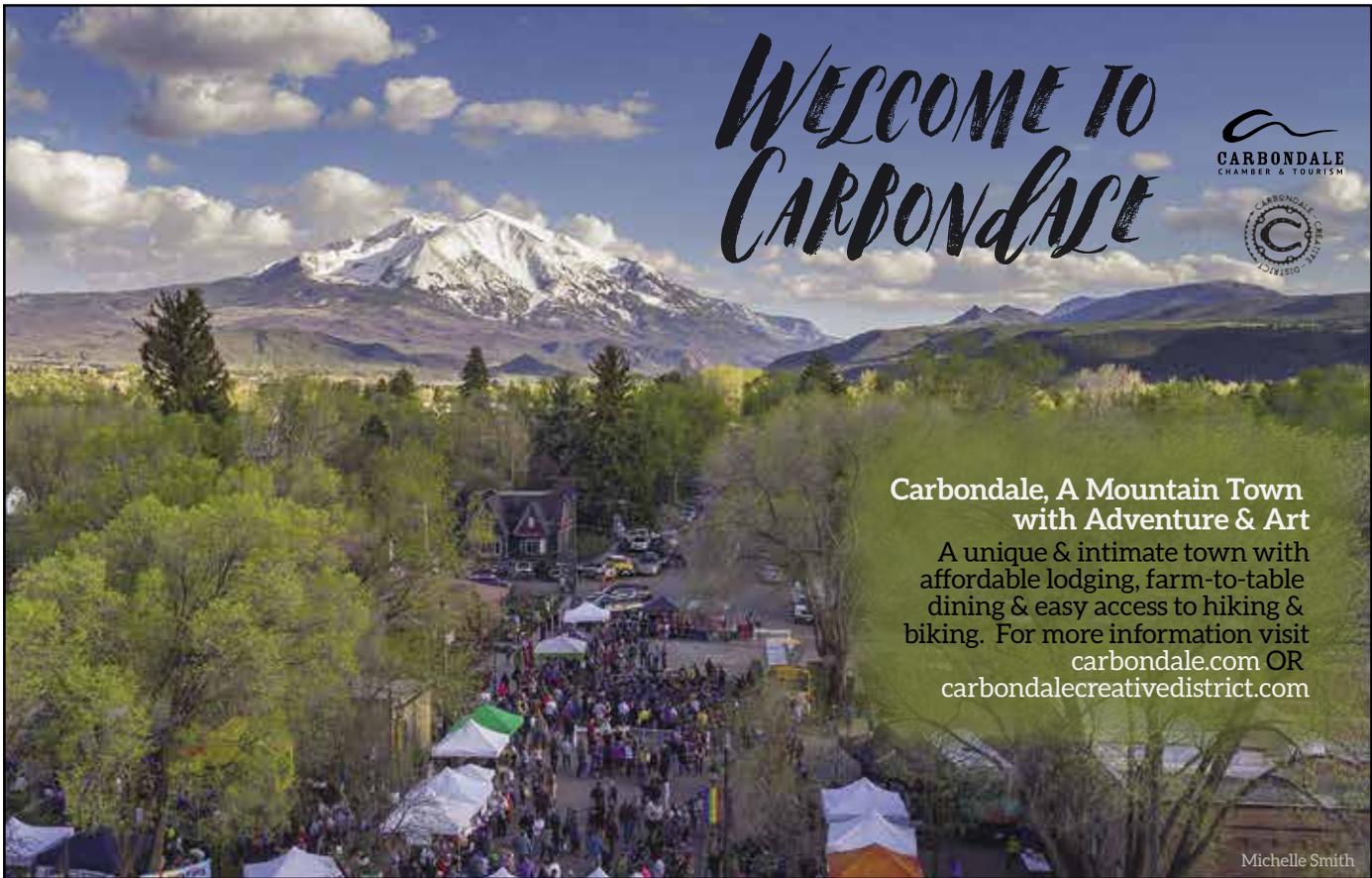
**INTERIOR DESIGN STUDIO**

**AGreatFind.net**

52 Pottery Lane, in El Jebel | (970) 963-9690

# WELCOME TO CARBONDALE

CARBONDALE  
CHAMBER & TOURISM



## Carbondale, A Mountain Town with Adventure & Art

A unique & intimate town with affordable lodging, farm-to-table dining & easy access to hiking & biking. For more information visit [carbondaletourism.com](http://carbondaletourism.com) OR [carbondaletourism.com](http://carbondaletourism.com) OR [carbondaletourism.com](http://carbondaletourism.com)

Michelle Smith



Carbondale Arts

### Rio Grande ARTway

Walk or bike along the non-motorized, paved trail through downtown Carbondale. An archway created by 35+ local artists heralds the entrance. Installations & murals can be found along the one-mile stretch near DeRail Park & the Latinx Folk Art Garden, as well as creative institutions like Carbondale Clay Center, Studio for Arts + Work & True Nature Healing Arts.



Sarah Overbeck

### Craft Brews & Cocktails

Carbondale offers a kid in a candy store type of feel when it comes to libations. Enjoy exceptional craft brews and hard seltzers only available on local taps as well as cocktails made with locally distilled spirits by master mixologists. Visit Batch Provisions, Carbondale Beer Works and Marble Distillery to find those perfect flavor profiles.



Renee Ramge

### Art in All Forms

Carbondale is a state recognized Creative District and part of the Colorado Creative Corridor. The variety of art parallels the abundant natural beauty in this small community. See murals and sculptures throughout town and exhibitions at R2 Gallery and Carbondale Clay Center. Hear live music at Steve's Guitars, catch a show at the Thunder River Theatre Company or a performance by Dance Initiative.



Sarah Overbeck

### Events

Carbondale is home to an array of annual events. Come celebrate community and creativity at the 51st Mountain Fair, July 29-31, shop local at the weekly farmer's market on Wednesdays, listen to live music at Sopris Park every second Sunday of the month, and more!



Meredith Ogilby

### Hot Springs

The Roaring Fork Valley is abundant in natural hot springs, but none as unique as Avalanche Ranch, offering three tiered pools with views of Mt. Sopris, Elephant Mountain, and Avalanche Creek Valley. Visit the natural landscape year-round, day or night, for a true mountain escape!



PinkBike | Carbondale Chamber

### Two Rivers & a Mountain

Carbondale is the "Heart of the Valley," and resident town of majestic Mt. Sopris. Explore numerous hiking & biking trails for all levels. Summit Red Hill for spectacular views. Also home to a vibrant river culture & confluence of the Roaring Fork & Crystal Rivers.

# LEAVE NO TRACE – CARE FOR COLORADO PRINCIPLES



## 01 KNOW BEFORE YOU GO

- Our state and federal agencies manage 42 percent of Colorado's majestic landscape, and our cities and counties maintain even more. Learn about and respect the spaces we all share.
- Stay back from the pack. Find your way to less-visited and off-peak destinations to minimize down time and maximize your connection with special places.
- Bring along reusable water bottles or hot drink tumblers to limit waste and stay hydrated in our dry climate.



## 02 STICK TO TRAILS

- With 39,000 marked trails and 13,000 designated campsites, there's no need to venture beyond. By sticking to these areas and camping at least 200 feet from lakes, rivers and streams, you're helping natural areas stay natural.
- Even though shortcuts can be tempting, please don't take them. A few extra strides on the path will protect plants and the homes of the true locals.



## 03 LEAVE IT AS YOU FIND IT

- Leave plants, rocks and historical items as you find them so others experience the joy of discovery.
- Any of our 750 different species of wildflowers will live forever in a photo. Snap away, but only with a camera.
- Colorado is beautiful all on its own. Building structures or campsites on public land isn't cool. Keep it pristine for everyone to enjoy.
- Treat all living things with respect. Carving or hacking plants and trees may kill or disfigure them.



## 04 TRASH THE TRASH

- Pack it in, pack it out. Or pick it up to leave a place better than you found it. Put litter, even crumbs, peels and cores in your nearest waste/recycling bin.
- Wash yourself, your dog or whatever else needs cleaning at least 200 feet from waterways, and use biodegradable soap. A bubble bath is no treat for fish.
- If you have to poo, walk at least 70 steps from trails, water and people. Dig a cat hole 6 inches deep, do your thing in the hole, cover it and pack out your TP. Or, use a wag bag (a disposable bag found in most outdoor stores) so you can pack out your waste.



## 05 BE CAREFUL WITH FIRE

- Colorado's low humidity has perks, but can create dry, dangerous conditions. Keep campfires small and manageable to avoid sparking wildfires.
- When putting out a fire, water it until you can handle the embers. Never let a fire burn unattended.
- Use care when smoking in Colorado's dry climate. Always put cigarettes out completely, and don't leave your butts behind.
- Always check for local fire restrictions.



## 06 KEEP WILDLIFE WILD

- Colorado is home to tens of thousands of furry, scaly and feathered creatures. To keep them – and you – safe, don't approach them.
- It is not adorable to feed wild animals. You could alter natural behaviors, exposing them to predators or even euthanasia.
- Keep your furry buddies leashed when enjoying dog-friendly trails, and pack out their waste. All the way to a trashcan.



## 07 SHARE OUR TRAILS & PARKS

- Chances are you're not out in nature to people watch, so try out the lesser-known paths and sites.
- Silence your cell phone before stepping into nature, and speak softly without using the speaker function.
- Be considerate when passing others on the trails and yield to the uphill hiker and biker – they need the momentum.
- Listen to nature. Keep your voice and music soft so all can enjoy the peace of Colorado.



Carbondale Tourism is a Stewardship Member of Care for Colorado. For more information, visit [www.carbondale.com](http://www.carbondale.com)

©2021 Colorado Tourism Office. All rights reserved. Leave No Trace Seven Principles. ©Leave No Trace: [www.LNT.org](http://www.LNT.org).



**TOP 10% IN THE MLS IN 2021!**

Having lived in the Roaring Fork Valley for 20 years, I know the area and have a pulse on the market.

Call me today to get your home sold or if you are wanting help purchasing your next dream home.



**COLDWELL BANKER  
MASON MORSE**

**MARIA WIMMER**  
Luxury Property Specialist  
970.274.0647  
maria@masonmorse.com

**YOU ARE COLORADO**  
*So are we!*

With us banking isn't just a product or service, it's a relationship.

**Alpine Bank** ALPINEBANK.COM | MEMBER FDIC

**NOVUS Glass**  
Auto Glass Repair & Replacement  
David and Jake Zamansky - Owners/Operators

**Windshield Repair & Replacement**  
**Side & Back Glass**  
**Stone Damage & Crack Repair**  
**ADAS Recalibration**  
(Advanced Driver Assistance Safety Systems)  
**Headlight Restoration**

*Always Request NOVUS*  
we will bill your Insurance Company

Serving the Roaring Fork Valley for Over 30 Years!

**In Shop or Mobile Service**

Auto Glass • www.novusglass.com • 970-963-3891

- Fast Mobile Service
- National Guarantee
- NCCC Certified

500 Buggy Circle #1, Carbondale, CO 81623 • **(970) 963-3891**

**Cool Brick Studios**

# We Believe in Community

## Amoré Realty + Carbondale Homeless Assistance

### What Carbondale Homeless Assistance Does:

- Provide Resource Guide
- Connect People In Need With People Who Can Help
- Provide Shelter During Extreme Weather And Emergency Medical Situations
- Provide Shower Passes
- Provide Camping Gear
- Provide Gift Cards For Food/Groceries
- Provide Clothing
- Provide Assistance For Pets

### What Carbondale Homeless Assistance has Accomplished:

- Open Conversation With The Habitat Challenged In Our Community
- Awareness Of Who These People Who Are In Our Community
- Establishing A Reputable Fundraising Process To Support Our Efforts
- Ability To Help Get People Back On Their Feet And Be Self-Sustaining In Our Community
- Annual Carbondale Recreation Center Membership Passes For Our Habitat Challenged Community Members



### Please send donations to:

Carbondale Homeless Assistance  
711 Main Street, Carbondale, CO 81623  
or Venmo @carbondalehomelessassistance

For more information, follow us on Facebook:  
[facebook.com/groups/carbondalehomeless](https://www.facebook.com/groups/carbondalehomeless)



Amoré Realty  
[amorerealty.com](http://amorerealty.com)  
711 Main St. Carbondale, CO  
(970) 963-5177  
[suzy@amorerealty.com](mailto:suzy@amorerealty.com)

Over the years Amoré Realty is proud to have helped these businesses in Carbondale:

Mana Foods  
Tiny Pine Bistro  
Atina Bar and Grill  
Izakaya  
Allegria  
Tonic Juicery  
Phat Thai  
Gandi's  
Silo  
Fold  
Town.  
Why Cycles  
Lux Wellness

Amoré  
Realty

# POTATO DAY: CENTURY OLD SPUD CELEBRATION ENDURES

BY SUE GRAY

On a chilly Friday evening in early October, a fire is lit in Sopris Park. Men and women dressed in denim and plaid, some wearing sweat-stained cowboy hats and dusty boots, gather around two metal-lined rectangular pits where the wood-fire is blazing.

Nearby, more volunteers prepare hunks of locally raised beef by rubbing them with spices and wrapping them in aluminum foil. When the coals are ready, the packages are laid out in metal racks which are lowered into the pits, stacked one on top of the other until only one rack is left. This top rack is filled with potatoes harvested from local farms, washed and wrapped in foil by volunteers that same afternoon.

The hot coals will be tended to all night long, while the old-timers tell their tales to the incoming newbies, just learning the ropes. It's a tradition that has been handed down through generations. Except for two years during World War II, Potato Day has been celebrated annually since 1909.

**In the early part of the twentieth century, Carbondale was the nation's leading potato producer, providing spuds for east coast markets and restaurants, as well as being served in the dining cars of major railroad companies. At the peak of production in the 1920s, a thousand carloads of potatoes were shipped out of the Roaring Fork Valley each year.**

To handle the shipments, Carbondale businessman William Dinkel opened a potato brokerage in his big brick building at the corner of Fourth and Main. He installed a freight elevator to load the sacks into the basement, as each farmer brought their produce to town. Dinkel brokered the sale of the fine spuds and arranged shipment to the buyers.

With all of the farm families bringing their harvests into town in the same week, it was a prime opportunity for a celebratory party. One day in early November the first Potato Day came into being. There were exhibits of fine livestock, garden and field crops, canned fruits and vegetables, fancy needlework and baked goods, and many exhibits of potatoes. Prizes were given for the best of each category.

At noon a barbeque was held, the meat being cooked over an open pit and faithfully tended all night long. The meat was served with buns, pickles, coffee, and a big baked potato cooked by local homemakers. Foot-races, sack-races, horseshoe pitching, and other contests served to work up an appetite for the meal. That evening a dance was held, and many a courtship was started there, being one of the few social events available to young men and women living in a rural community.

In the early days, Potato Day was planned by Carbondale's prominent businessmen. Later organizers included the Chamber of Commerce and the Zeta Epsilon Sorority. At present, the Town of Carbondale Recreation Department takes the lead in management, with KDNK Radio, the Sopris Sun Newspaper and the Carbondale Historical Society on the planning committee. But consistent throughout the last 113 years has been the essential contribution of citizen volunteers.

When the sun rises over Sopris Park on Saturday morning, volunteers gather again to lift the racks out of the pits, unwrap the meat and pull it apart. The shredded beef is put into aluminum trays and covered, then placed on a table under the serving tent, alongside bins of cole slaw, beans, corn on the cob, and of course; potatoes.

Meanwhile, another wood fire is started under an enormous copper kettle that has been a fixture at Potato Day since anyone can remember. The pot is filled with water and muslin sacks of coffee grounds, to create the infamously awful "Cowboy Coffee." Even though it's bad by modern standards, a surprising number of fair-goers will follow the tradition of drinking it the way cowboys out on the range did a century ago.



Photo courtesy Carbondale Historical Society.

THE 2022  
CARBONDALE  
ANNUAL POTATO  
DAY OCCURS  
ON SATURDAY,  
OCTOBER 1<sup>ST</sup>



Photo courtesy Carbondale Historical Society.

For the public, the day begins at 10am with a parade down Main Street, led by a scarlet fire engine with signals flashing and horn blaring. Then come the homemade floats, created by local schools, businesses and non-profits, for which prizes are given in several categories. There are also equestrians from nearby ranches, and the occasional llama and goat.

After the parade everyone goes to Sopris Park where vendors sell fall produce, honey, crafts, and cure-alls, while bands perform on stage. At the Carbondale Historical Society booth, children play old-fashioned games: Potato Sack Races, Hot Potato, and a chance to whack the Potato Pinata filled with nostalgic candies.

By 11am a line has formed around the park, as people buy their tickets and file toward the lunch tent. At noon, volunteers begin serving up heaping plates of BBQ to hundreds of hungry customers. Throughout the park, tables fill with family, friends, and neighbors, catching up between bites of homespun country tradition.



Photo by Will Granbois

# Contour Body Aesthetics

## OUR TECHNOLOGY & SERVICES:

### •CAVI-LIPO

destroys fat cells permanently, tightening and toning loose skin

### •EM SLIM

builds muscle, burns fat

### •ULTRA-LIFT

the ultimate non-surgical face and neck lift

### •HYDRO-DERM FACIAL

### •LASER HAIR REMOVAL

### •IPL PHOTO FACIALS

treats broken capillaries, sunspots, freckles, rosacea, and wrinkles

### •MICRONEEDLING WITH RF

improves acne scars, wrinkles, fine lines, stretch marks, and sagging skin

### •VIASURE

a powerful treatment to improve men's sexual health



We are a results-driven team, using the latest cutting edge technology to deliver the changes you're looking for.

**We customize your treatments to create your ultimate results!**

(970) 355-4897

[CONTOURBODYSPA.COM](http://CONTOURBODYSPA.COM)

2425 Grand Avenue, Ste. 108  
Glenwood Springs, CO 81601

# We Believe in Community

## Allegria + Smiling Goat Ranch

Smiling Goat Ranch (SGR) brings the healing effects of horses, movement, nature, and supportive community to individuals with neuropsychiatric conditions, including people with autism, ADHD, anxiety, depression, and PTSD.

SGR was founded with the mission to never let costs hinder healing, and so the program is supported in large part by volunteers and undergraduate and graduate interns, along with one full-time therapist. The founder and executive director, Sheryl Barto, oversees the day-to-day operations as well as horse training and with the addition of a full-time Certified Therapeutic Recreation Specialist (CTRS) in 2021, Kaylee Martig, who is dually trained in the Horse Boy Method, SGR quadrupled the number of clients served in 2021, as well as now being able to implement a more evidence-based practice.

The new owners at Allegria Restaurant, Emma and Benoit de Francisco, connected with SGR in the lead up to the Healing Hoof It fundraiser. This annual 5k run is held on the first Friday in April in Carbondale, and is an amazing way to raise awareness and celebrate the horses who help humans heal.

"Smiling Goat Ranch is a magical place, offering a calm, welcoming, healing environment," said Emma de Francisco, co-owner of Allegria in Carbondale. "Integrating the outdoors with the healing quality of animals and a tribe of impassioned volunteers – it's a very special place and there's no place like it, and it's just one mile from our restaurant! We need more places like SGR where they apply out of the box thinking to those suffering from mental health issues."

SGR works extensively with kids with autism and veterans with PTSD helping humans heal through interactions with mostly horses but also other social animals. Relative to the size of our program, SGR is able to serve a large number of individuals and groups annually, always at no cost to families.

"While many are focused on the economic impacts the pandemic has caused, it is important to remember that our at-risk communities have suffered not only economic hardships, they have also lost their social and emotional support networks as well," said Sheryl Barto. "The social and emotional recovery of our communities is vitally important. Our economy – both locally and nationally – is built on people and, at the end of the day, programs like SGR are for many the only place they have to recover."



Allegria Restaurant and Catering  
335 Main St.  
Carbondale, CO 81623  
970-963-7316  
allegriacarbondale.com



Smiling Goat Ranch  
271 Willow Lane  
Carbondale, CO 81623  
970-379-1383  
smilinggoatranch.com





# Horses, Hope & Healing

by Gabrielle Greeves & Signa Strom

For a teenager who is struggling with self-confidence, learning challenges, or traumatic life events, having the opportunity to develop a relationship with a horse can truly be transformative. With gentle eyes and soft fuzzy muzzles that tentatively reach out to breathe in and greet the human standing before them, they work their magic to open even the most closed and broken young hearts.

Horses at WindWalkers Equine Assisted Learning and Therapy Center (“WindWalkers”) feel and witness our presence; they listen without judgment; they embrace us with the warmth of their mass; they heal us in a way that is difficult to explain, but easy to feel. This ability to pull us out of our heads and back into our bodies where we can feel again is a powerful experience, especially for those navigating the formative, tumultuous pre-teen, and teenage years. Many of our teenage clients experience this acceptance and love for the very first time in their lives with one of our horses, and it’s something they never forget – being truly seen, acknowledged, and accepted without judgment or criticism.

Motivated by our mission to support not only our clients, but their families and the community we serve, WindWalkers actively seeks out collaborative partnerships with local organizations to expand the reach of our services and to support related programming within the Roaring Fork Valley. With offerings that range from therapeutic riding to equine-assisted behavioral health care services, and lessons in equine-assisted education- specifically social/emotional,

reading and math. Our services meet a broad range of needs for local children and adults, whether they are dealing with challenges that are physical, neurological, emotional, behavioral or psychological.

Local non-profit organization, Stepping Stones, who works to empower local youth with drop-in centers and organized activities and field trips, recognizes the value of equine assisted therapies, as well. Executive Director, Kyle Crawley says they’ve made individual referrals, as well as organized group programming with WindWalkers since 2014. “Every kid has challenges and trauma, and so, for us, it’s all about finding that one thing that really works for them,” Crawley said. “With the mental health and trauma crisis amplified by the pandemic, we’re trying to find as many positive connections and support [as possible] – and working with WindWalkers, standing in the stables, and being in nature, [gives] the kids space to process emotions and build connections.”

It’s important to recognize that every child and every teen responds differently to different interventions and therapies, so having a network of providers, and a selection of therapeutic modalities is critical to supporting our community well. Not everything that works for one kid will work for another, and Stepping Stones is reaching deep to find a range of services that mesh well with their mission, just like we are, and working together exponentially increases our ability to meet the unique needs of the youth within the Roaring Fork Valley.

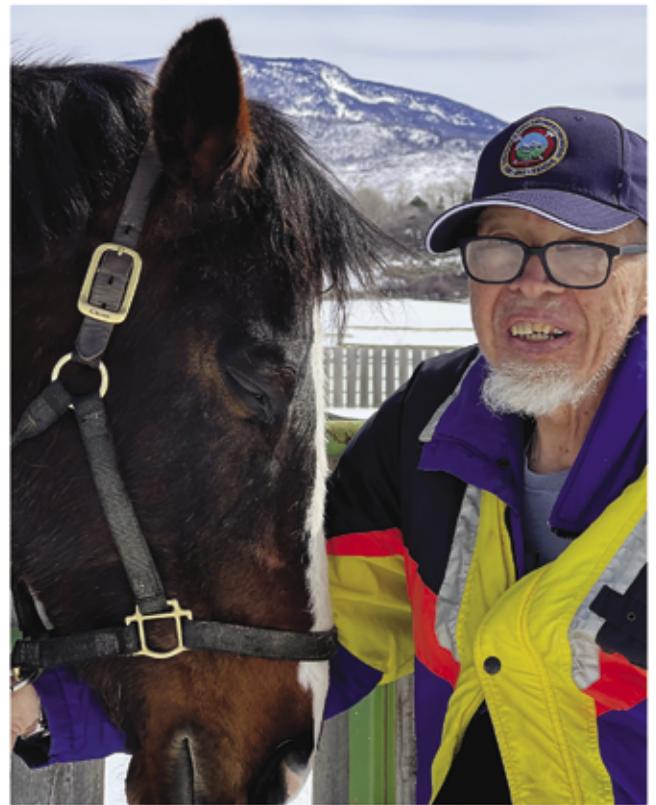
Another collaboration WindWalkers has nurtured is with Sheri Gaynor, Founder of Creative Awakening International. As a licensed clinical social worker, registered expressive arts therapist, and Eponaquest Advanced Instructor, Sheri partners with us to provide equine assisted mental health services. "I am deeply grateful for my collaborative partnership with WindWalkers. WindWalkers and Executive Director Gabrielle Greeves, has opened their barn doors to me and my company, enabling me the opportunity to bring mental health clients and groups to facilitate with their herd." Said Gaynor.



WindWalkers reaches all life stages and underserved, at risk local populations. Our partnerships really allow us to reach deep into the community to those individuals who might not connect with us otherwise. "In doing so, this broadens the concept of community partnership, utilizing shared resources, and co-creating more therapeutic experiences for our community," Gaynor says.

With a herd of 24 gentle horses and a majestic backdrop of Mt. Sopris peak in Carbondale, WindWalkers works its magic. One of the most beautiful aspects of the work is that the horses are able to be themselves and invite us to do the same. The positive aspects of these programs trickle over into relationships with extended family, friends, neighbors, coworkers, and school mates; illustrating how well-designed equine therapy programs like those at WindWalkers can extend far beyond the arena.

There are many ways the horses teach us about ourselves. We invite you to experience it for yourself. Visit the ranch – barn doors are open 7 days a week or visit our website at [windwalkers.org](http://windwalkers.org)



Photos courtesy of WindWalkers

**WindWalkers Equine Assisted Learning and Therapy Center**  
(970) 963-2909 / [info@windwalkers.org](mailto:info@windwalkers.org) / [windwalkers.org](http://windwalkers.org)

# PROTECT PETS AGAINST PESTS

By Dr. Melissa Gisleson

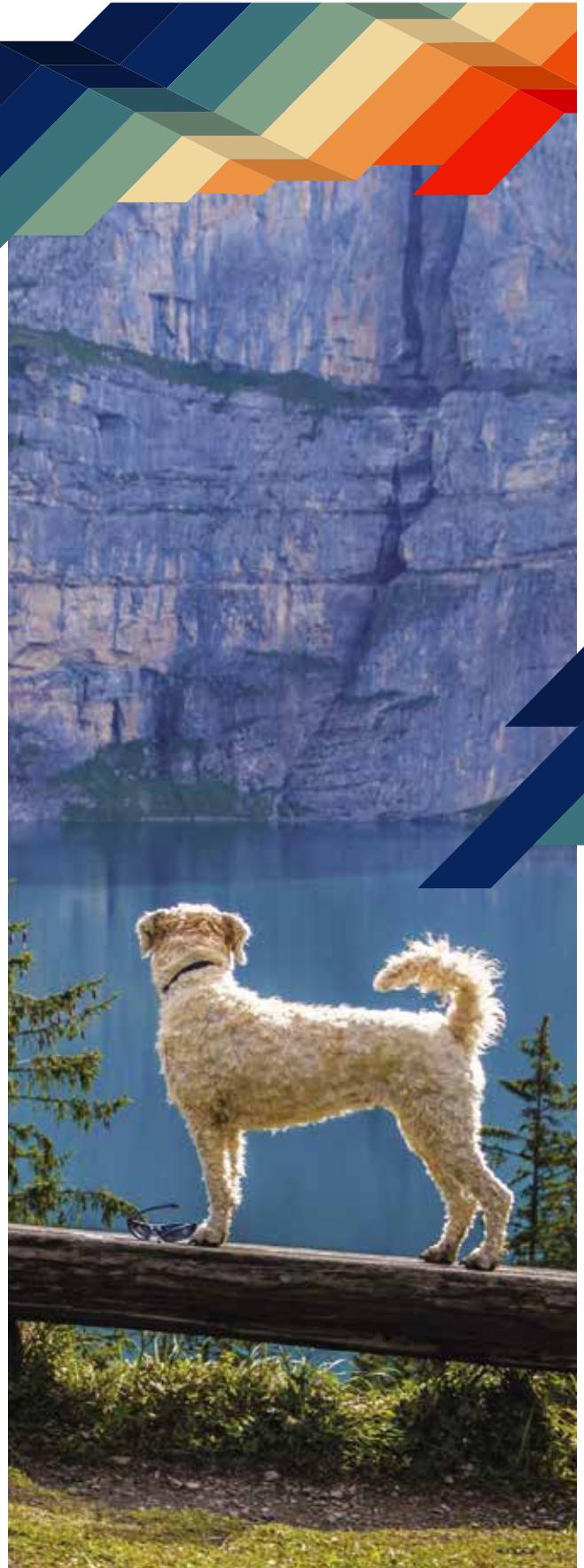
It is springtime in the Roaring Fork Valley! As it gets warmer and the snow melts, we begin to get out more with our pets. With the longer days and nicer temperatures we begin seeing more pests including fleas, ticks and mosquitoes. If you protect your pet from these pests year-round, you are ahead of the curve. If your pet does not receive preventative therapy, it is time to get back on schedule so your pet doesn't suffer the consequences of an internal or external parasite infection.

**External parasites** are the most obvious of all parasites since we can see them hitching a ride on our pets. Dog and cat fleas are not a common concern in our area, but some species of wildlife do carry fleas that can spread disease when they contact our pets. Should your pet ingest such fleas it could result in a tapeworm infection. Ticks carry a variety of diseases that include Rocky Mountain spotted fever, anaplasmosis, and ehrlichiosis. If you travel outside of Colorado, there are other species of fleas and ticks that can carry other diseases/parasites such as Lyme disease. So what is the best thing to do? Protect your pet against as many parasites as possible. The most effective protection against fleas and ticks is a monthly dose of either an oral pill or a topical treatment.

**Heartworms** are a parasite carried by mosquitoes. The worms have a long, complex life cycle. This means that a dog that has contracted heartworms won't show a positive test result for six months. So just seeing mosquitoes around doesn't mean that is the only time of year you have to worry. Where were you and your pet six months ago? A missed dose of preventative can have severe consequences depending on where you may have been and when you missed the dose. With the increase in environmental temperatures the range of mosquitoes is also growing. Heartworms were not previously endemic to our area, but that is changing. The safest choice to make for your pet is to give heartworm preventative each month all year.

The American Heartworm Society states that preventatives are highly effective but not 100% because resistance has developed in some areas. It is recommended to test your pet every year and give preventative year-round. The treatment for heartworm disease is costly and has potentially serious, possibly deadly, side effects to the pet. It is much cheaper and safer to prevent a heartworm infestation than to treat one!

Heartworm prevention has come a long way in recent years. The most common heartworm prevention option is an oral tablet that you give your dog once a month. One option that has come out recently is Simparica Trio. This medication prevents heartworms, round worms, hookworms AND fleas and ticks. One stop treatment! Other oral options that do not treat for external parasites often treat for more internal parasites, including tapeworms which are common in our

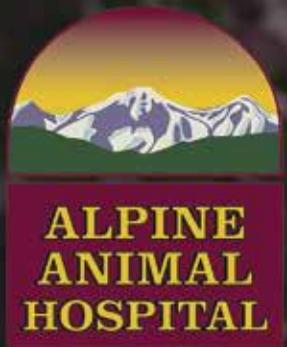


area. The newest option for heartworm prevention is called ProHeart. This is an injection that prevents heartworms for an entire year with only one dose. The downside to ProHeart is that it does not treat for other internal or external parasites. Many of our clients opt for an oral preventative for heartworm and another for external parasites.

With all the options out there, it is relatively easy to keep your pet protected from both internal and external parasites of all varieties. Choose the best option that fits into you and your pet's lifestyle and your budget. Just make sure you are protecting your pet and thinking about how keeping them healthy and parasite free will improve and prolong their life.



BE THE PERSON YOUR  
PET THINKS YOU ARE



Fear Free at Alpine Animal Hospital (970) 963-2371  
Learn more by going to [www.alpinehospital.com](http://www.alpinehospital.com)

17776 Hwy 82  
Carbondale, CO

# CARBONDALE'S STRANG RANCH

BY AMY BRADLEY

Nestled in the Roaring Fork Valley, populations such as Aspen, Redstone, Carbondale and others have created homes with eclectic food selections, outdoor recreation, breweries, art scenes and an agricultural community that is diverse and impressive. One long standing agricultural business is Strang Ranch – a family run business that has been in the valley for multiple generations.

Bridget Strang has been running the ranch since 2000, having grown up on the property and been actively involved in raising and training young horses as well as other various activities offered at the ranch since she was a child. While it is currently considered a cattle & sheep ranch and sod farm, the property also still hosts pony club rallies, horse shows, sheep dog trials every spring and sporadically the United States Border Collie Handlers Association National Finals. The pony club for children is also such a successful element of the ranch that there is a waitlist of kids eager to be a part of it.

Bridget's father initially moved his family to Carbondale in the early 1960's to a large ranch at the base of Mount Sopris. In 1965 however, he found the location that is now home to the family's Strang Ranch as it is today – a 490-acre sprawl with stunning views of the Elk Mountains. In the early days of Bridget's father's running of the ranch, it was home to the Roaring Fork Hounds: the highest fox hunt in the country for over a quarter of a century. Over the years, apart from the fox hunt, the ranch became home to numerous local organization events, polo games, three-day events and regional pony club rallies before settling into a mostly horse showing and lesson facility. However, horse breeding was not something new to the family at that point. Bridget's grandfather in fact, bred horses for the military during World War II with his own mares and stallions provided by the army. In the early years, the ranch bred Thoroughbreds, Ranch horses, Quarter horses and briefly bred Anglo-Arabs, a breed that Bridget refers to as lovely, kind animals. Through the evolution of the business however, the ranch concentrated on the breeds best for children to ride and show as opposed to an emphasis on selling. The ranch's focus is on hunter/jumper showings and good horsemanship, featuring about six to eight horse shows a year.

The ranch's clinics and lessons, as well as its abundance of other activities, are clearly run by a passionate family sharing their love of horses and ranch life. They are a long-standing part of the valley's community and continue to teach and inspire the youth and adults to the joys of caring for animals. For more information, visit their website at [www.strangranch.com](http://www.strangranch.com).

Photos by David Clark



OVER THE YEARS, APART FROM THE FOX HUNT, THE RANCH BECAME HOME TO NUMEROUS LOCAL ORGANIZATION EVENTS, POLO GAMES, THREE-DAY EVENTS AND REGIONAL PONY CLUB RALLIES BEFORE SETTLING INTO A MOSTLY HORSE SHOWING AND LESSON FACILITY.





Image size: 17 x 23 Inches

**“Downhill Racer” by Cecille Johnson captures the joy of winter, even as we pack up our skis and get out our golf clubs and hiking gear!**

## **VISIT VINTAGE SKI WORLD'S GIFT SHOP/SHOWROOM/MUSEUM!**



1676 County Rd 100, Unit N-2  
Carbondale, CO 81623  
(970) 963-9025  
[www.VintageSkiWorld.com](http://www.VintageSkiWorld.com)  
[rallen@vintageskiworld.com](mailto:rallen@vintageskiworld.com)

**VINTAGE SKI WORLD**

# MOUNT SOPRIS PHOTOS

In Stock Photos Mounted On Wood & Metal

PhotoWerkx Mount Sopris Photos Will Be Featured At  
Village Smithy Restaurant In Carbondale  
August, 2022



PHOTOWERKX

David Clark | [www.photowerkx.com](http://www.photowerkx.com) | (970)-379-4755

# REVEL



Many people come to Carbondale to enjoy the many nearby outdoor activities like white water rafting, fly fishing, mountain biking, and skiing. Adam Miller came to Carbondale in 2016 for many of the same reasons, but most importantly he decided to headquarter his new bike companies here. Why Cycles is Adam's boutique titanium bike company, building bikes that "represent the fun and excitement we have biking – the reason why we ride." At the same time Adam and team were working on developing the "world's best full suspension mountain bike." Adam's carbon fiber mountain bike company Revel has three full-suspension bikes now and many would say they are well on the way to meeting their goal.

BY KEVIN AUSTIN

I HAD A CONVERSATION RECENTLY WITH ADAM ABOUT HIS COMPANIES, TECHNOLOGY, AND OF COURSE THE TOWN OF CARBONDALE.

**KA** - What was your inspiration for starting Revel as a carbon bike company, and what void in the industry were you looking to fill with your designs?

**AM** - A lot of it was that I wanted to make the kind of bikes I wanted to ride, which was full suspension mountain bikes. I came from more of a cross-country racing and road racing background, and what I found was that most of the full suspension bikes in the industry were good at going either downhill or going uphill but couldn't seem to do both too well. Basically, I wanted to create bikes that go uphill efficiently and go downhill really well too.

**KA** - At Revel you have a focus on running the company in an environmentally conscious way. I know you are doing this by limiting shipping waste, recycling scrap carbon, as well as making some components like your carbon fiber wheels fully down-cyclable. Do you intend to extend this reach into additional components and possibly into frame building?

**AM** - We do, and I don't want to get into specifics on products, but a huge part of my goals when starting the company was to create a more sustainable bike brand. Even though it's difficult to target zero waste, the goal is to be more sustainable and do as many things as we can to be a little better

all the time. Our wheels are a great step in that direction in moving toward a more sustainable carbon manufacturing process. So yes, we have plans for a lot of products, we got slammed during Covid and supply chain issues, but we are excited about some cool stuff we hope to have out this year.

**KA** - So you grew up in Alaska, moved to Colorado Springs for college and subsequently start your first bike company Borealis. What prompted you to make the move to Carbondale to headquarter Why Cycles, and subsequently Revel Bike companies?

**AM** - After selling Borealis I left Colorado Springs in 2014, moved back to Alaska for a bit to figure out what I wanted to do next. I then moved to Ogden Utah where I started working on Why Cycles and Revel Bikes. I was there two years, and decided I wanted to be in a small Colorado town. I had raced bikes in many small towns around Colorado, which was great. I decided that in 2016 it was time to move out of Utah and find a small Colorado town to settle in. After narrowing it down to Durango, Crested Butte, or Carbondale as a place to go. I came out to Carbondale, met with the Chamber of Commerce and other business owners, and the town was so ridiculously welcoming and into bikes that it was an easy choice.

**KA** - Outside of incredible mountain biking around Carbondale, what are some of the other things you love to do around Carbondale?

**AM** - The mountain bike trails are the obvious answer. I mean, between Red Hill, and Prince Creek, we can get the quality of trails that people travel around the world to ride,

and we get to hit them on our lunch break. The Roaring Fork River is something that we take advantage of as well with our company rafts and we float that quite often. I love fly fishing also, and a lot of us fly fish on the Roaring Fork and the Crystal River. Obviously skiing in the Winter keeps things exciting and gets us excited to ride bikes again after the melt. It's pretty unbelievable, but essentially any outdoor activity you might want to do are within minutes of our front door.

**KA** - And finally, if you look into the crystal ball at the incredible growth potential of Revel, where do you see the company in five years, and will Carbondale still be HQ?

**AM** - Yes, I certainly hope that we are based in Carbondale, and in fact if anybody has a thirty thousand square foot space that they want to lease to us, we'll take it! My goal is to continue having fun running our company in Carbondale, and we hope to continue making great bikes.





MARBLE DISTILLING CO.  
&  
THE DISTILLERY INN



Marble Distilling Co. is an award-winning distillery handcrafting all spirits from high elevation Colorado grown grains. Named "The Most Sustainable Distillery on the Planet", MDC is proud that their customers are helping to "Save the Planet by Drinking Marble Spirits".

**JOIN US**

- Distillery Tours
- Craft Cocktails & Flights
- Luxury Inn
- Private Events

# We Believe in Community

Tiny Pine Bistro + Valley Settlement



Tiny Pine Bistro  
968 Main Street, Carbondale, CO  
(970) 340-4471  
tinypinebistro.com

Feeling a sense of belonging is a critical piece of leading a healthy, thriving life. This is one of the core beliefs of both Tiny Pine Bistro and local nonprofit, Valley Settlement. Tiny Pine Bistro is a cozy American bistro, new to Carbondale's Main Street serving simple and comforting food and drink. Leslie Lamont and Charles Ford, co-owners and engaged couple have worked their way through every position in the restaurant industry and understand first-hand the challenges those in the service industry face, especially immigrant families looking to establish a new and better life. Tiny Pine strives to create a welcoming place in the community where staff and guests feel at home; a drop in the bucket toward making Roaring Fork Valley a little bit of a tastier and happier place. Valley Settlement is committed to building strong, trusting relationships with participating families just as Tiny Pine Bistro believes in supporting the hardworking team that makes the bistro possible. ♦



Valley Settlement was founded as a project of MANAUS in 2011 to support immigrant children and families as they settled in the Roaring Fork Valley. The organization addresses the socio-economic issues that impact family well-being and chances of prosperity. Valley Settlement quickly grew and became their own nonprofit in 2016, adding programs in direct response to community needs.

Now a leading local nonprofit working with Latina/o families in the Roaring Fork Valley, Valley Settlement promotes early childhood development, advances opportunity, and reduces barriers to accessing vital community resources. Latina/o children and adults can further education and development through six free programs available to the community:

- Alma - peer support program for pregnant and postpartum Latinas living with untreated perinatal depression.
- El Busesito Preschool - three "Little Buses" travel to neighborhoods, providing bilingual preschool education to 96 children, reducing barriers to access.
- Family, Friends & Neighbors - two-years of 1:1 coaching for 32 informal, in-home childcare providers caring for approximately 150 children.
- Learning with Love - early childhood development parent education for 48 parents and their infants & toddlers.
- Lifelong Learning - adult education in Spanish and English, math, computer literacy, and GED prep.
- Parent Mentor - Parent Mentors donate nearly 300 volunteer hours each year in elementary school classrooms, assisting teachers and students and building bridges between schools and community.

Valley Settlement's approach is one of listening first, with the intention of learning from families what their dreams and needs are. Through their community-driven programs, staff build strong, trusting relationships with participants, resulting in high engagement and commitment from families. ♦





Return to Carbondale and receive  
**15% off**  
your next visit to the Comfort Inn & Suites!



[CarbondaleComfort.com](http://CarbondaleComfort.com) 920 Cowen Dr. Carbondale, CO (970) 963-8880



Photo by Joan Herbst



# *Soft* HOME

Custom Fabrication Studio

CUSTOM  
WINDOW TREATMENTS  
BEDDING  
CUSHIONS  
FULL SERVICE

ASPEN • VAIL • DALLAS

By Appointment Only

[softhomestudio.com](http://softhomestudio.com) | 214.764.9805 | [info@softhomestudio.com](mailto:info@softhomestudio.com)



# ALL YOU NEED *and more*

---

## *Continuum-of-Care Campus*

With our comprehensive care services, we are prepared to meet every resident's unique needs.

- **Skilled Nursing Care**
- **Physical, Occupational & Speech Therapies**
- **Secure Memory Care**
- **Assisted Living Services**

CALL TO  
SCHEDULE A  
PERSONAL  
TOUR!



Heritage Park  
Care Center

970.963.1500 • [HeritageParkCareCenterCO.com](http://HeritageParkCareCenterCO.com)  
1200 Village Rd. • Carbondale, CO 81623  
CMS Five-Star Rated



We help people. That's our business.

---

EXPERIENCE

INTEGRITY

KNOWLEDGE

TRUST



**Amoré Realty**

AmoreRealty.com

Residential | Commercial | Ranch | Land



Lynn M. Kirchner  
970.379.4766

# LODGING GUIDE

LOOKING FOR A SPECIAL PLACE TO STAY IN CARBONDALE,, REDSTONE, SOMERSET OR GLENWOOD? **LOOK NO FURTHER...**

## VACATION RENTALS

CARBONDALE

### CACTUS VACATIONS

CactusVacations.com

GLENWOOD

### BRETTELBERG CONDOS

11101 County Road 117  
970-945-7421  
Brettelberg.com

## CABINS AND CAMPING

SOMERSET

### KEBLER CORNER RV PARK, CABINS & CAMPING

30682 County Road 12,  
970-929-5029  
KeblerCorner.com

REDSTONE

### AVALANCHE RANCH

12863 CO 133  
970-963-2846  
AvalancheRanch.com

## BED AND BREAKFASTS

GLENWOOD

### FOUR MILE CREEK B&B

6471 County Road 117  
970-945-4004  
FourMileCreek.com

## INNS AND BOUTIQUES

CARBONDALE

### MARBLE DISTILLING CO. & THE DISTILLERY INN

150 Main Street  
970-963-7008  
MarbleDistilling.com

CARBONDALE

### THE WAY HOME / CRAFT COFFEE

689 Main Street  
970-977-9916  
Find us on Facebook.

# FOUR MILE CREEK BED & BREAKFAST



FOURMILECREEK.COM

Reserve your stay today:  
(970) 945-4004 | hawk@rof.net

5 STARS ON  TripAdvisor

6471 County Rd. 117 Glenwood Springs, CO 81601

Four Mile Creek Bed & Breakfast is located in a quiet valley just twenty minutes from Carbondale. Originally homesteaded in 1885, there are two log cabins and a suite in the historic red barn. The grounds offer pleasant strolls and relaxing sitting areas. Sunlight Mt. ski area is just a short drive and offers great skiing as well as beautiful hiking in the warmer seasons.



**Days Inn Carbondale provides  
Comfortable Accommodations  
with FREE Wi-Fi, an expanded  
Continental Breakfast, Indoor Pool,  
Hot Tub, Sauna & Fitness Center.**



970-963-9111  
[www.daysinn.com/hotel04337](http://www.daysinn.com/hotel04337)

- Days Inn offers 69 non – smoking rooms with mountain and river views.
- The Indoor pool, hot tub, & sauna keep our guests relaxed.
- Pets are allowed for an extra fee. Parking is free.
- The Days Inn is on the corner of Highway 82 and scenic byway 133 in the heart of the Rocky Mountains.
- Skiers and snowboarders are 28 miles from the best skiing in Aspen, Aspen Highlands, Buttermilk, & Snowmass.
- In the Summer, hot springs, fishing, hiking, mountain biking and rafting are all less than half hour away.
- Aspen – Pitkin County Airport is 25 miles from hotel, and Eagle County Regional Airport is 40 miles away.
- Our guests praise the convenient location, “great” Continental Breakfast and “helpful” staff at Days Inn Carbondale.



950 Cowen Drive, Carbondale, Colorado 81623

# HOTELS

CARBONDALE CARBONDALE REDSTONE GLENWOOD GLENWOOD GLENWOOD GLENWOOD GLENWOOD GLENWOOD GLENWOOD GLENWOOD GLENWOOD GLENWOOD

<b>COMFORT INN &amp; SUITES</b>
920 Cowen Drive 970-963-8880 ChoiceHotels.com
<b>DAYS INN BY WYNDHAM CARBONDALE</b>
950 Cowen Drive 970-963-9111 WyndhamHotels.com
<b>REDSTONE INN</b>
82 Redstone Boulevard 970-963-2526 RedstoneInn.com
<b>BEST WESTERN ANTLERS</b>
171 West 6th Street 970-945-8535 GlenwoodSpringsAntlers.com
<b>CARAVAN INN</b>
1826 Grand Avenue 970-945-7451 CaravanInn.com
<b>COURTYARD BY MARRIOTT</b>
105 Wulfsohn Road 970-947-1300 Marriott.com/egecy
<b>GLENWOOD HOT SPRINGS RESORT LODGE</b>
415 East 6th Street 970-945-6571 HotSpringsPool.com
<b>GLENWOOD SUITES</b>
2625 Gilstrap Court 970-384-4700 ChoiceHotels.com

GLENWOOD GLENWOOD

<b>GLENWOOD SPRINGS INN</b>
141 West 6th Street 970-945-5438 GlenwoodSpringsInn.com
<b>HOTEL COLORADO</b>
526 Pine Street 970-945-6511 TheHotelColorado.com
<b>HOTEL DENVER</b>
402 7th Street 970-945-6565 TheHotelDenver.com
<b>HOTEL GLENWOOD SPRINGS</b>
52000 Two Rivers Plaza Road 970-928-8188 TheHotelGlenwoodSprings.com
<b>RESIDENCE INN BY MARRIOTT</b>
125 Wulfsohn Road 970-928-0900 Marriott.com/egeeri
<b>RODEWAY INN</b>
52039 Highway 6 970-945-8817   800-456-6685 RodewayInn.com/hotel/co213
<b>SILVER SPRUCE MOTEL</b>
162 West 6th Street 970-945-5458 SilverSpruceMotel.com
<b>QUALITY INN &amp; SUITES</b>
2650 Gilstrap Court 970-945-5995 ChoiceHotels.com

# Discover Carbondale's New Retirement Community

**NOW OPEN**  
CALL TODAY: 970-440-2599



INDEPENDENT LIVING



ASSISTED LIVING



MEMORY CARE



**SOPRIS LODGE**  
CARBONDALE

SENIOR LIVING  
WellAge Managed Community

SoprisLodge.com | 295 Rio Grande Ave., Carbondale



# DINING GUIDE

## 81623, ONE BITE AT A TIME...

Who knew the 81623 zip code included forty restaurants? Enjoy these 40 fabulous options located in Carbondale, El Jebel, Redstone and Marble. Bon Appetit!

### 1. 450 Teppanyaki

450Teppanyaki.com  
568 Highway 133, Carbondale, CO  
(970) 510-5343

For delicious and affordable sushi as well as traditional hot items, this place has a great lunch menu as well as Happy Hour menu with rolls starting as low as \$6. Check them out for their list of daily specials.

### 2. Allegria

AllegriaCarbondale.com  
335 Main St, Carbondale, CO  
(970) 963-7316

Alpine Northern Italian food with a French flair. Located in the heart of Main Street, with a cozy vibe in the winter and a beautiful outdoor patio in the summer months. Their wine list is diverse and approachable and their housemade pasta is delicious!

### 3. Axkawa

SenorTacoShow.com  
46 North 4th Street, Carbondale, CO  
(970) 510-5363

Street tacos and margaritas done right! With eight different taco filling options, plus guacamole, sopas, burritos and more, this is a great stop for some tasty taco goodness and ceviche. Try one of their excellent mezcal selections instead of tequila in a margarita next time for a smoky kick of flavor!

### 4. Batch Provisions

BatchProvisionsBar.com  
358 Main St, Carbondale, CO  
(970) 510-5934

This place has a large and eclectic drink list! From house cocktails, great beer and wine selections, hard seltzers and ciders, to fun and creative mocktails, there is something for everyone to enjoy. Their fresh pizza dough makes for a simple but excellent pizza menu as well; but as the oven can only do one at a time, enjoy a beverage or two while you patiently wait and admire the rotating gallery space and library.

### 5. Beijin Tokyo

BejinTokyo.com  
1194 Highway 133, Carbondale, CO  
(970) 963-1888

This extensive menu has all the Japanese and Chinese cuisine favorites from Kung Pao chicken to Szechuan beef. For something a little different and unique, try the Singapore Rice Noodles. This stir-fry medley of veggies, meat and egg comes with a side of Chinese crepes and plum sauce. However, keep in mind they are currently closed on Tuesdays.

### 6. Bella Mia

Facebook.com/joysbellamia  
60 El Jebel Rd Unit 108, El Jebel, CO  
(970) 963-2600

Tasty Italian dinner available seven days a week from 5-9. For a lighter pasta dish, try the linguini with clam sauce. Delightful but light enough to leave room for dessert!

### 7. Bonfire Coffee

BonfireCoffee.com  
433 Main St, Carbondale, CO  
(970) 510-5327

While in Carbondale, Bonfire is an excellent morning stop before strolling the downtown area. There are egg sandwiches, quiche by the slice and several locally-made pastries (come early as they usually go very fast). Their coffee menu is extensive and is guaranteed to have something for everyone. If you enjoyed it, they sell bags of their coffee beans to take home with you. Try the Oat Milk latte! Their chocolate is made in house.

### 8. Brass Anvil

BrassAnvilCarbondale.com  
348 Main St, Carbondale, CO  
(970) 510-5794

Known primarily as a steak house, this location makes a great date night (though they are open for lunch as well!). A number of steak cuts combined with sides such as pork belly mac and cheese are sure to create a hearty and satisfying meal. And if you

are partial to appetizers, the meatballs are excellent! Chicken is roasted in house and super yummy!

### 9. Breakfast in America

58 El Jebel Rd, El Jebel, CO  
(970) 963-2739

A classic breakfast joint with all the usual favorites including omelets, steak and eggs and breakfast burritos. Or try the local's favorite, a bagel topped with a mixture of scrambled eggs, smoked salmon, cream cheese, green onion and tomato.

### 10. Carbondale Beer Works

CarbondaleBeerWorks.com  
647 Main St, Carbondale, CO  
(970) 704-1216

Breweries are always a great option to try when visiting a town because of their unique beer list, and often have food available as well. Carbondale Beer Works features not only excellent burgers and wings, but salads and Buddha bowls for those wanting to stay on the healthier side. Try the shishito peppers and the veggie reuben with one of their killer beer options during happy hour from 4-6!

### 11. Casa Tequila

CasaTequilaElJebel.com  
64 El Jebel Rd, El Jebel, CO  
(970) 340-4276

A huge menu of traditional Mexican dishes. Try one of their numerous burritos or fajitas with a spicy jalapeño margarita. They're open 7 days a week and offer a (long!) happy hour from 2-6.

### 12. Craft Coffee

689 Main St, Carbondale, CO

Community derived craftsmanship through coffee, tea, small plates and good vibes. Try the grilled cheese, it's delish!



**boutique bar with:**

artisan cocktails | craft beers  
mocktails | Colorado wines  
neapolitan pizzas | art gallery  
community space | library



358 MAIN STREET, CARBONDALE

LOCALLY OWNED

# Downtown Liquors

ON MAIN

SPIRITS, WINE & MORE

**10% off  
ANY PURCHASE**

Good through August 31, 2022.  
Some restrictions may apply.

389 MAIN ST. | (970) 963-2767



# ΔXKΔWA

(PRONOUNCED OSH-KA-WA)

## TAQUERÍA | GALERÍA | MEZCALERÍA

The family business grew its roots as Señor Taco Show, and transformed into Axkawa to create a place of gathering centered around the joys of food, art and mezcal. Axkawa means abundance in Nahuatl, the main indigenous language of Mexico. This concept of abundance shines through the food, colors, plants, art, service we share with our clients. Our goal has always been to deliver food and service from our heart to yours in a beautiful space. Now we continue to grow expanding into another focus, Mezcal. Threading the roots of our soulful, colorful Mexico in an experience where you can step into our dreamscape of aromas, flavors and colors for a while. Come enjoy the timeless taco and mezcal at Axkawa.

**"ACUARELA DE SABORES"**

Join us for live music from 7-9pm at  
**SOUNDWAVE WEDNESDAYS**

46 N 4TH ST, CARBONDALE, CO | 970-510-5363  
SENORTACOSHOW.CO | @AXKAWA.CO  
CATERING INQUIRIES: AXKAWA@GMAIL.COM

### 13. Dos Gringos Burritos & Café Olé

DosGringosBurritos.com

588 Highway 133, Carbondale, CO  
(970) 704-0788

If it's your first time visiting, the must try is their signature gringo burrito. Start with your choice of protein or substitute grilled veggies, combined with brown rice, black or pinto beans, sharp cheddar, tomatoes, cilantro, lettuce, sour cream, guacamole, salsa and their awesome Molé Poblano sauce. Fantastic! It is no surprise that they've crafted such a great burrito too . . . as of this spring, they've been in business 22 years!

### 14. Fatbelly Burgers

FatbellyBurgers.com

220 Main St, Carbondale, CO  
(970) 963-1569

For a solid, traditional burger with fries or onion rings and homemade ice cream, try Fatbelly burgers next time you're in the area and want a simple, quick bite. Don't pass up on a milkshake with the homemade ice cream. It's the perfect compliment to a tasty burger.

### 15. Garcia's Market

Facebook.com/garciasmarketofficial

211 Highway 133, Carbondale, CO  
(970) 963-4532

This family-owned market offers a wide variety of Mexican and Salvadorian products. They have an in-store restaurant, butcher shop and bakery for an indoor dining experience, or a market full of options for those wanting to go home and cook themselves!

### 16. The Goat Kitchen & Bar

Facebook.com/thegoatkitchenbar

995 Cowen Dr, Carbondale, CO  
(970) 963-4628

This place offers a great variety of Greek sandwiches, salads and burgers. They are currently closed Saturday, Sunday and Monday so make sure to hit them on a weekday. Try the Lambolicious! A burger stuffed with feta and oregano, topped with crispy gyro meat and a mint aioli. It's a great twist on a traditional gyro fused with a killer burger.

### 17. Granetta Panini

Granetta.com

54 North 4th St, Carbondale, CO  
(970) 230-2817

Baked goods, coffee and sandwiches make this a great, quick lunch or brunch spot Tuesday through Friday. Try the sopris . . . a turkey sandwich topped with brie and fruit chutney. Yum.

### 18. Homestead Bar and Grill

303 River Valley Ranch Dr

Carbondale, CO  
(970) 963-6597

Homestead has a large menu of salads, entrees and sandwiches. Handheld mains are a great option. Two favorites are the fish tacos and ranch double cheeseburger! If you can, do not miss out on the stunning views as well.

### 19. Honey Butter

HoneyButterDiner.com

155 Hwy CO-133, Carbondale, CO  
(970) 963-7260

Who doesn't love chicken and waffles? This crispy chicken has amazing flavor and when topped with hot honey butter and waffles, it's a spicy/sweet combo that will make your taste buds very happy. And if you're in the mood for something sweeter . . . wait until you check out their menu of decadent milkshakes.

### 20. Jaffa Middle Eastern Kitchen

JaffaKitchen.com

400 East Valley Road, El Jebel, CO  
(970) 340-4981

At Jaffa, you can expect to experience delicious, globally-inspired, authentic and traditional middle eastern dishes. One of the best gyros in the valley or try the creative merguez sandwich. Open for breakfast, lunch and dinner.

### 21. KENICHI Izakaya Carbondale

IzakayaCarbondale.com

225 Main St, Carbondale, CO  
(970) 340-4225

Sushi always is so artistic, beautiful and delicious. Izakaya does not disappoint on all three fronts. Everything on the menu is delicate and elegant. Go with a group so you can try more rolls! Perhaps start off with some spicy edamame.

### 22. La Fogata

LaFogataRest.com

995 Cowen Dr, Carbondale, CO  
(970) 510-5151

A collection of all the classic Mexican dishes as well as a Salvadorian breakfast dish complete with fried plantains. There is also a long list of pupusa varieties.

### 23. Los Cazadores

OrderLosCazadores.com

60 El Jebel Rd. Unit 101, El Jebel, CO  
(970) 510-5683

For seafood lovers, the must try here is the Navegante plate: Langostino, shrimp, calamari, crab leg, scallops, mussels, octopus and fish cooked with tomatoes, onion and cilantro in special house sauce served with salad, rice and garlic bread.

### 24. Ming's Cafe

MingsRestaurants.com

934 Highway 133, Carbondale, CO  
(970) 340-4941

This place has a little of everything. Traditional Vietnamese noodle pho, sushi, and a variety of classic Chinese and Japanese dishes fill the menu with plenty of variety.

### 25. NY Pizza

400 East Valley Road, El Jebel

(970) 510-5812

This place prides itself on its huge slices! Classic pizzas, salads, calzones and sandwiches make up this colorful menu. Try the "white garden" pizza if you're a fan of basil pesto!

### 26. NY Pizza

901 Highway 133, Unit E, Carbondale

(970) 963-6088

Visit NY Pizza's second location, located next to the newer City Market in Carbondale.

### 27. Panaderia and Deli San Miguel

60 El Jebel Rd, Carbondale, CO

(970) 510-5198

This Salvadorian gem has several delicious items including the carne asada torta, which is the star of their menu.

### 28. Peppino's Pizza

PeppinosPizzaCarbondale.com

524 Main St, Carbondale, CO  
(970) 963-2993

If you want a twist on a typical pizza, try the KJ! A mozzarella pizza topped with roasted red peppers, crispy prosciutto, balsamic glaze and pesto. If this sounds a little too odd for you traditionalists, fear not! All the delicious pizza classics are available, as well as a menu of hot subs and salads to round out your meal.

### 29. Phat Thai

PhatThai.com

343 Main St, Carbondale, CO  
(970) 963-7001

An amazing Asian fusion restaurant. Not your typical Thai food. All of their delicious Thai entrees, such as the spicy duck and crispy tofu dumplings with coconut broth, are complemented with one of their several rice options including jasmine, sticky, brown and coconut.

# · BRASS ANVIL ·

C A R B O N D A L E

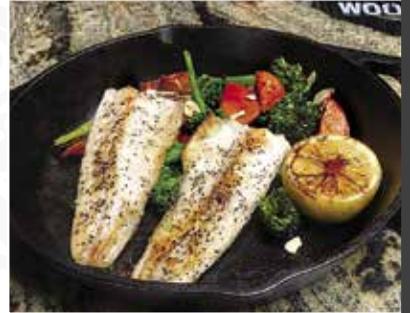
## CARBONDALE'S SOURCE FOR MINDFUL RANCH-TO-TABLE FARE

Located in the heart of downtown on historic Main Street, Brass Anvil is open seven days a week for lunch and dinner

For reservations, online ordering, or event inquiries, please visit our website

348 Main Street, Carbondale  
www.brassanvilcarbondale.com  
(970)510-5794

 brassanvilcarbondale 



## CARBONDALE BEER WORKS

Check out our events on Facebook! 

- House brewed beers & guest taps
- Full liquor bar with small batch liquors
- Locally sourced meals from scratch kitchen
- Outdoor beer garden
- Live music

11A-11P SUN-THURS | 11A-12A FRI-SAT

happy hour 4-6p daily | full menu until 10p, bar snacks until 11p on weekends

647 Main Street in Downtown Carbondale | 970.704.1216 | [carbondalebeerworks.com](http://carbondalebeerworks.com)

### 30. Plosky's Deli

PloskysDeli.com

1201 Main St, Carbondale, CO

Carbondale's newest eatery is known for its Jewish Deli, Butcher Shop and for serving local coffee and espresso drinks. Enjoy deli sandwiches, sides, salads, prepared foods and of course, bagels!

### 31. Propaganda Pie

PropagandaPie.com

467 Redstone Blvd, Redstone, CO  
(970) 963-9515

A collection of unique pizzas make up this menu, including one favorite: "I'm not a Crook" which is composed of pepperoni, ricotta cheese, sweet cherry peppers, basil and arugula, with confit garlic. Delicious! Also, try the BBQ bandwagon pizza!

### 32. Pour House

Facebook.com/pour-house

351 Main St, Carbondale, CO  
(970) 963-3553

They use local Crystal River beef, and their burgers are award winning! Try the cowboy burger, you won't be disappointed! Keep in mind for visits that they are currently closed on Sundays.

### 33. Redstone Inn

RedstoneInn.thegilmorecollection.com

82 Redstone Blvd, Redstone, CO  
(970) 963-2526

Whether your trip to Redstone includes a stay at the Inn or not, make sure to stop in and explore this Historic hotel and perhaps enjoy a meal in the casual bar or the beautiful formal dining room. Try the baked brie as a decadent appetizer before splurging on one of their hearty and delicious entrees. Be sure to ask your server or bartender for ghost stories while you're there too... the locals all know the hotel is haunted! The Inn is especially magical in the winter months with the deep volumes of snow outside, an abundance of twinkle lights and Christmas activities. It makes a glass of wine and a great meal in the lounge a very cozy experience.

### 34. SILO

SiloCarbondale.com

1909 Dolores Way, Carbondale, CO  
(970) 963-1909

A quaint environment with a simple but delicious breakfast and lunch menu. A la carte breakfast options range from duck eggs to single pancakes, while the lunch menu has a collection of sandwiches such as a Cubano with hone mustard and house-made pickles. They also have an assortment of espresso drinks and nitro coffee as well as a full service bar for bloody marys, mimosas and beyond.

### 35. Slow Groovin' BBQ

SlowGroovinBBQ.com

101 West 1st St, Marble, CO  
(970) 963-4090

Some of the best barbeque you may ever have in your life is hidden away in the small town of Marble. It is worth the wait that is almost always there from the moment they open their doors. Trust me. They have a full bar and both indoor & outdoor seating at this seasonal joint.

### 36. Subway

Restaurants.Subway.com

1010 Hwy 133, Carbondale, CO  
(970) 963-0212

Sometimes when traveling, it makes more sense to grab a quick bite instead of sitting down to a full-service restaurant meal. While Carbondale and the surrounding small towns do not have much in the way of fast food, Subway is an easy, quick option for those who are in a time restraint.

### 37. Tiny Pine Bistro

TinyPineBistro.com

968 Main St, Carbondale, CO  
(970) 341-4771

An American bistro providing a welcoming space in the community through delicious and simple food & drink. They're striving to create a cozy spot where their team and guests feel at home. The Scottish salmon is amazing.

### 38. True Nature Healing Arts

TrueNatureHealingArts.com

100 North 3rd St, Carbondale, CO  
(970) 963-9900

For those who enjoy nourishing their souls as well as their bodies, True Nature is a wellness experience with spa services, yoga classes, workshops and a small nutrient-dense café. The True Nature Café has a unique and healthy menu with options such as turmeric lattes, dandelion chais and nutritious smoothies, as well as a small but health-packed food menu with vegan and vegetarian options, buddha bowls, daily quiche and salad options. Currently closed on Mondays.

### 39. Village Smithy Restaurant

VillageSmithy.com

26 South 3rd St, Carbondale, CO  
(970) 963-9990

As a sucker for a fun benedict, this place is a must for a breakfast/brunch fan. The arugula avocado bacon balsamic benedict is just as flavor-packed as you would envision from the name. Local's favorite! For vegetarians, try the tofu scramble: a flavor-rich breakfast option that is sure to satisfy.

### 40. White House Pizza

WhiteHousePizza.com

801 Main Ct, Carbondale, CO  
(833) 200-6878

If the menu items listed included a bacon burger, blue cheese and buffalo chicken, pad thai and gyro, would you believe they were all pizzas? Believe it! If you want to try a unique pizza experience, this place is certainly a must-visit in Carbondale.



**NEW YORK PIZZA**  
http://nyp.pizza

**970-510-5812**  
Open 11a-9p  
Happy Hour Weekdays 3p-5p  
901 Highway 133  
Carbondale, CO

Scan me to see our menu:



**CHECK OUT OUR NEW LOCATION**

**EVERY SEASON IS LOCAL AT MANA FOODS**

792 Hwy 133, Carbondale | 970-963-1137

PIZZA SNOBS  
& BEER GEEKS  
**REJOICE!**

10X WINNER OF BEST  
CARBONDALE RESTAURANT  
(LOCAL CHOICE AWARDS)

Winner of TRIP ADVISOR'S  
AWARD OF EXCELLENCE

local  
favorite  
since  
1997!



**WHITE HOUSE  
PIZZA**

Carbondale, CO



order online @ [WHITEHOUSEPIZZA.COM](http://WHITEHOUSEPIZZA.COM)

**HOURS:**  
11:00 am - 10:00 pm  
7 DAYS A WEEK

**HAPPY HOUR:**  
4-6pm Mon-Fri  
\$3.99 DRAFTS, WINE, WELLS, & MARGS

**LIVE MUSIC WEDNESDAYS @ 6PM**

970.704.9400 | 801 MAIN COURT, CARBONDALE, CO



Northern Italian food with a French flair

**DINNER**

Tuesday – Saturday  
4:30 PM – 9:30 PM  
Closed Sunday & Monday

**LOCATION**

335 Main St  
Carbondale, CO 81623

**MENU & RESERVATIONS**

[allegriacarbondale.com](http://allegriacarbondale.com)  
970-963-7316



# RESTAURANT REVIEW: *allegria* BY CAREN AUSTIN

Carbondale is chock full of amazing places to eat, so when I had the opportunity to dine at Allegria in downtown Carbondale, I jumped at the chance to try this northern Italian restaurant with a French flair. I've heard wonderful reviews of Allegria, so I decided it was time to pay them a visit and try it out.

Benoit and Emma De Francisco are the new owners of Allegria. They bought the restaurant in July of 2021, yes during a pandemic. Their mission was to bring amazing food to people no matter what the crisis. Benoit saw beyond the roadblocks, and told me that "the biggest risk is not taking any." Benoit comes from the restaurant industry, growing up in his family restaurant in Chamonix, France, then focusing on restaurant management in Washington D.C., Australia and Aspen. Benoit and Emma, his wife who is originally from New Zealand, moved to Carbondale in 2018 to live closer to friends they had made. They then looked for a place to open a restaurant, and the rest is history. Allegria became an homage to authentic Northern Italian food with a French flair to pay tribute to Benoit's roots. A star was born.

So here we go ...

First up was an appetizer of roasted bone marrow with shishito peppers. This dish was a wonderful experience in itself, but get daring and order it with the Montagave Tequila shot. The tequila shot is used to soak up the goodness left on the bone once you have finished eating the rich marrow, in what they called a "bone luge." You simply pour the tequila down the bone and it absorbs all of the fatty goodness from the marrow. It was divine!

Next up ... French onion soup, but of course with a twist. This dish pays homage to Benoit's roots. A house made puff

pastry on top, which was so light and airy. They add truffles to the broth which gives it that extra kick. Hands down, the best French onion soup I've ever had.

Salad time! I tried the kale and Israeli couscous salad. The colors in this salad look like a rainbow. This salad was so light and fresh with a lemon dressing. Sun dried and regular tomatoes made this salad a delight, and of course it's vegetarian as well. I could eat this all day long!

Pasta course! I truly love any pasta, but they had me at homemade butternut squash ravioli with fresh sage, pistachios, and butter, topped off with zucchini. They make most of their pastas in house, and you can taste the difference. This dish was sweet, but not too sweet, very summery and delish!

And now, folks, the main course from heaven. Red snapper filet "all' Aqua Pazza." Snapper in a broth of tomatoes, olives, and tarragon accompanied by the most delish potato gratin and roasted root vegetables. I used bread to scoop up every last bit of the broth because it was so good. The combo of the three things in this dish make it an amazing culinary experience.

Ok, I'm getting hungry again just writing this, so let's move on to dessert. This one did not disappoint. Crepes Suzette for 2 made tableside. House made crepes are combined with orange juice and sugar to make a caramel base, then finished off with Grand Marnier, and vanilla ice cream. This was one of the best desserts I've ever had and I had a "drop the mic" moment!

Beer, a great wine list and cocktails are available as well.

In Italian, Allegria means cheerfulness. I was definitely cheerful leaving here. It was a culinary trip through northern Italy and France, and Emma, Benoit and the entire staff make you feel so welcome. I left happy, and I'll be back again and again!



If it's out of your reach, leave it in our hands.



Full-Service Veterinarian, Boarding & Grooming

970.704.0403

redhillvet.com

*Fiore'*  
*Salon*

FULL SERVICE HAIR SALON

WIDE RANGE OF COLOR TECHNIQUES  
CUSTOMIZABLE SMOOTHING SYSTEMS  
CURRENT, EDGY CUTS

MENTION THIS AD  
AND RECEIVE

**15% ANY  
OFF SERVICE**



225 MAIN STREET UNIT 120 CARBONDALE, CO 81647 | 970-963-4673

# WALKING TOUR BY SUE GRAY, CARBONDALE HISTORICAL SOCIETY

## of Historic Downtown Carbondale

> Begin at Town Hall, 511 Colorado Avenue, walk east to the curb and look at the yellow building across the street.

### 1 TRAIN DEPOT

- 97 N. 3RD STREET -

Carbondale was once a major junction of the Crystal and Roaring Fork lines, which hauled potatoes and passengers up the Crystal River Valley and between Aspen and Glenwood Springs. The building was moved about 100 yards from its original location, which was closer to the tracks.

> Continue east and take the pathway to the right of the apartment building. WATCH FOR BICYCLES! Take the Rio Grande Trail east to N. 2nd Street.

The railroads and telegraph lines that came with them brought more people and commerce to the west. The Denver and Rio Grande Railroad ran from 1887 to 1991 and was converted into a Rails to Trails recreational path between 2001 and 2008. The Rio Grande Trail runs 42 miles from Glenwood Springs to Aspen.

> Continue to the intersection of N. 2nd and Main Street and look across the street at the small house on the NE corner.

### 2 TANNEY RANCH STAGE STOP

- 199 MAIN STREET -

This building is one of the earliest surviving residences in Carbondale, occupied since 1888. It sits on the site of the ranch where Mrs. Ottawa Tanney ran the State Station, once the only stage stop along the Glenwood-Aspen line that served meals to travelers.

In November 1891, a large fire destroyed the main part of town, which was concentrated on the east end of the current town center.

Ottawa Tanney's stage stop was one of the few buildings that survived the fire and is still present today.

> Cross Main Street to the building on the SW corner.

### 3 THE CREAMERY

- 220 MAIN STREET -

This two-story structure was the local creamery, operated by Mr. and Mrs. Smoke, where local dairy farmers could pasteurize and sell their milk. It continued in business until the 1940s, then became a private residence. Later, it was a tire repair shop.

> Continue west on Main Street.

### 4 BLACKSMITH SHOP

- 26 S. 3RD STREET -

Note the anvil by the main entrance, similar to one used by the first occupants; blacksmithing brothers Roy and Hugh Pattison.

Other businesses in this building included a machine shop, tropical fish store, a nursery school and offices of one of Carbondale's newspapers, now defunct, The Valley Journal.

> Cross 3rd Street to the two-story stone building on the SW corner.

### 5 ODD FELLOWS LODGE

- 302 MAIN -

The Odd Fellows Lodge No. 75, dedicated on July 4, 1888, burned down exactly 17 years later, July 4, 1905 and was rebuilt the following year. The fire began when someone lit a carbide lamp in the basement. The main floor was used for dances, traveling shows and movies. It has since housed a craft store, a church and the high school basketball court.

Seven Stars Rebekah Lodge #91, established in 1903, acquired the building in 1995. The Rebekahs are the female component of the Oddfellows, created in the late 1800s as a service organization for the isolated ranching and farming families. They helped whenever there was a need in the community and they still donate much of the proceeds of their "Near New" Thrift Store to non-profits and schools.

> Cross Main Street to the corner of 3rd and Main.

### 6 DAD LONG'S STORE

- 303 MAIN STREET -

This 1890's era building with the recessed entry, large display windows and decorative brick corbels is typical of commercial architecture of the day, seen in many of Carbondale's Main Street buildings.

This was the location of Dad Long's Store, which advertised in a 1911 Potato Day program; "The Best...for the least. Dry goods, clothing, groceries and shoes." The back room was a social center for farmers and cowboys, who sat around the potbellied stove, bought crackers from the barrel and helped themselves to a slice of cheese.

> Walk west along the north side of Main Street.

### 7 SHERWOOD MOTION PICTURE THEATER

- 351 MAIN STREET -

This decorative brick building once housed the theater where it cost 10 cents to see a movie. Later, it became Kenney's Pharmacy. It has been the Pour House Restaurant since 1985.

### 8 POTATO GROWERS ASSOCIATION

- 389 MAIN -

This bottle-glass storefront was once the headquarters for the Potato Growers Association, formed in 1923. The first carload of potatoes was shipped out of the valley 30 years earlier and by 1912, the Carbondale area was a leading producer of spuds for the hotel and dining car trade.

In an excerpt from his 1912 book *The Potato*, PGA member Eugene Grubb, co-owner of Mt. Sopris Farm, wrote in his chapter on Carbondale; "The Roaring Fork and Crystal River Valley section of Colorado is as nearly perfect in soil conditions as can be found and the potatoes grown there are not excelled anywhere in the world."

In the 1920s, growers shipped 1,000 train car loads of potatoes a year across the country. But as demand for potatoes increased, larger mechanized equipment was developed not suitable to Carbondale's small, rolling fields. This

and labor shortages contributed to the potato's disappearance from commercial cultivation in the valley by the 1940s.

## 9 PING'S STORE

- 399 MAIN STREET -

German immigrant William Ping owned this dry goods store as late as World War II. The building was divided into several commercial spaces, one housing a drug store complete with the classic soda fountain.

> *Stand here on the corner of Main and 4th Street in front of Ping's Store and look west across 4th street at the massive brick building.*

## 10 THE DINKEL BLOCK

- 400 BLOCK OF MAIN -

Carbondale's most imposing building, built by William Dinkel after his original store was destroyed in the 1891 fire.

Dinkel operated the Bank of Carbondale out of his store. The original bank safe was rescued from the fire and moved to its new location in the northeast corner of the building, where it sits to this day.

The southwest corner housed Dinkel's Mercantile and the second story was occupied by the Mt. View Hotel.

> *Cross Main Street to the SE corner of 4th and Main.*

## 11 POTATO DAYS

- 4TH AND MAIN STREET -

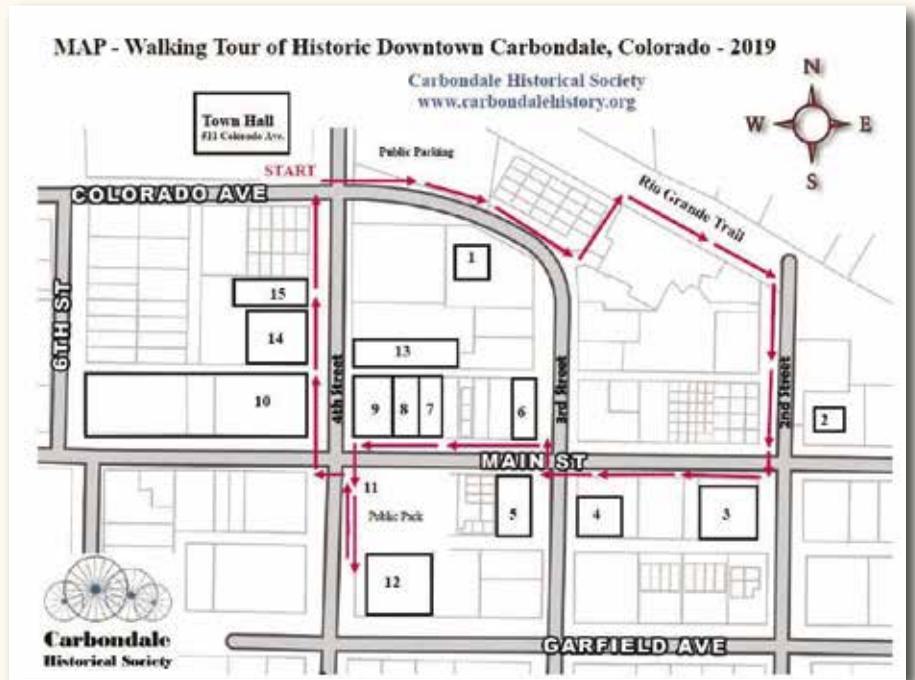
Carbondale's longest running annual celebration was first celebrated in this town square beginning in the fall of 1909. Farmers and their families would load up the wagons with their potato harvest and bring them to town for sale at the Potato Brokerage. Then they'd celebrate with a community picnic and contests for the largest beets, potatoes and babies. By 1911, there was all-day music, a horse race and a Grand Ball.

> *Continue south on 4th Street to the first building on the left.*

## 12 THE GORDON COOPER LIBRARY

- 76 S. 4TH STREET -

Formerly named for the NASA astronaut. His mother Hattie Cooper had family in Carbondale and resided here until her death in 1991. She is buried in Hillcrest cemetery. Gordon spent summers here as a child and



as an adult he was a member of the Freemason Lodge 82 in Carbondale.

> *Turn around, cross 4th Street and Main Street to the corner of the Dinkel Block. Walk to the intersection of the alley and look at the long brick building across the street to the east.*

## 13 LIVERY STABLE

- 36 N. 4TH STREET -

When trains arrived at the depot, a two-seated buggy would be driven from here to pick up the passengers and carry them the short, often muddy or dusty distance to Main Street. With the coming of the automotive age, the livery was converted to a mechanic's shop.

> *Walk north across the alley to the fenced yard.*

## 14 LIEBERMAN'S BAKERY

- VACANT LOT -

The crumbling brick oven is all that remains of the Lieberman's German Bakery. The 1910 census showed that Carbondale had immigrants from Canada, Poland, Switzerland, Germany, Slovenia, Great Britain, Mexico, Sweden, France, Scotland, Italy, Belgium, Ireland, Denmark, Wales, Hungary and Japan. Many started their own businesses here.

> *Walk north to the next building.*

## 15 SHERIDAN'S SALOON/ BAGETT GROCERY

- 55 N. 4TH STREET -

The downstairs was a bar and upstairs was a brothel. The wood floors still bear scrape marks from the motion of the beds.

When Prohibition closed the saloon in the early 1920s, the building became Bagett's Grocery. In 1927, at age 15, Guido Bagett (GUY-doe Ba-JETT) delivered groceries for his father's store. He married a gal he met at a Potato Days dance when he was 19, and the marriage lasted 77 years. In 2015, Guido died at the age of 102.

> *Continue north, back to Town Hall.*

THANK YOU FOR TAKING  
THE WALKING TOUR OF  
DOWNTOWN CARBONDALE!

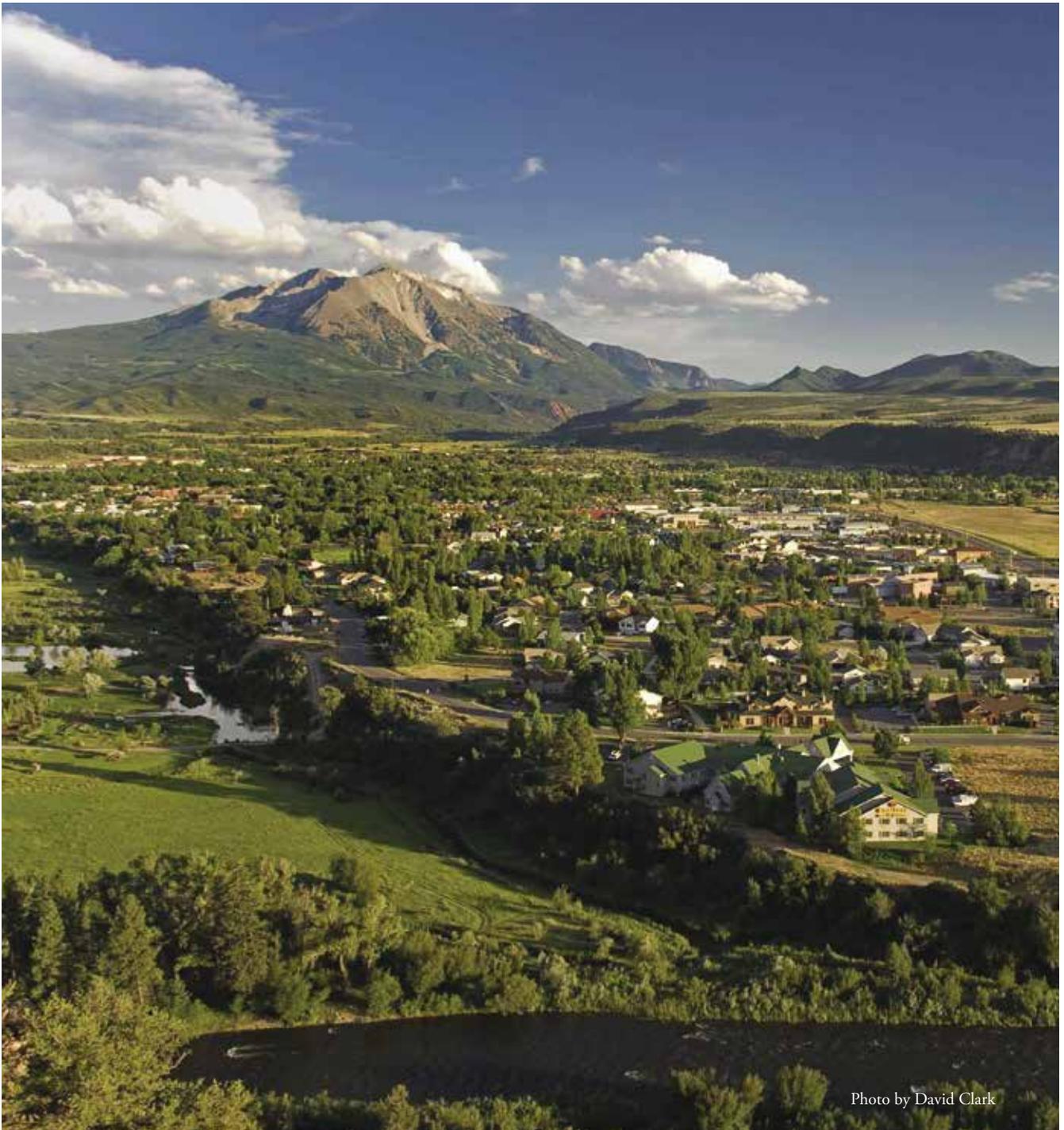


Photo by David Clark

## WE'RE PROUD TO SERVE FAMILIES IN THE ROARING FORK VALLEY AND BEYOND!



LET US HELP YOU ACHIEVE YOUR HOMEOWNERSHIP DREAMS

CONTACT US TO LEARN MORE



**RICHARD FULLER**  
 Mortgage Loan Originator | NMLS 458827  
 Office: 970.704.6440 | Cell: 970.618.4294  
 rfuller@houseloan.com  
[www.RichardFullerCornerstone.com](http://www.RichardFullerCornerstone.com)

**BRISA GARCIA**  
*Hablamos Español*  
 Loan Officer Assistant | NMLS 1700997  
 Office: 970.704.6440 | Fax: 866.311.6890  
 brisagarcia@houseloan.com

502 Main Street, Unit 11 | Carbondale, Colorado 81623

Not a commitment to lend. Borrower must meet qualification criteria. Equal Housing Opportunity.



**AVALANCHE RANCH**  
CABINS & HOT SPRINGS

**RELAX & STAY**



[www.avalancheranch.com](http://www.avalancheranch.com)  
(970)963-2846

## Fran Hogan Authentic and Honest

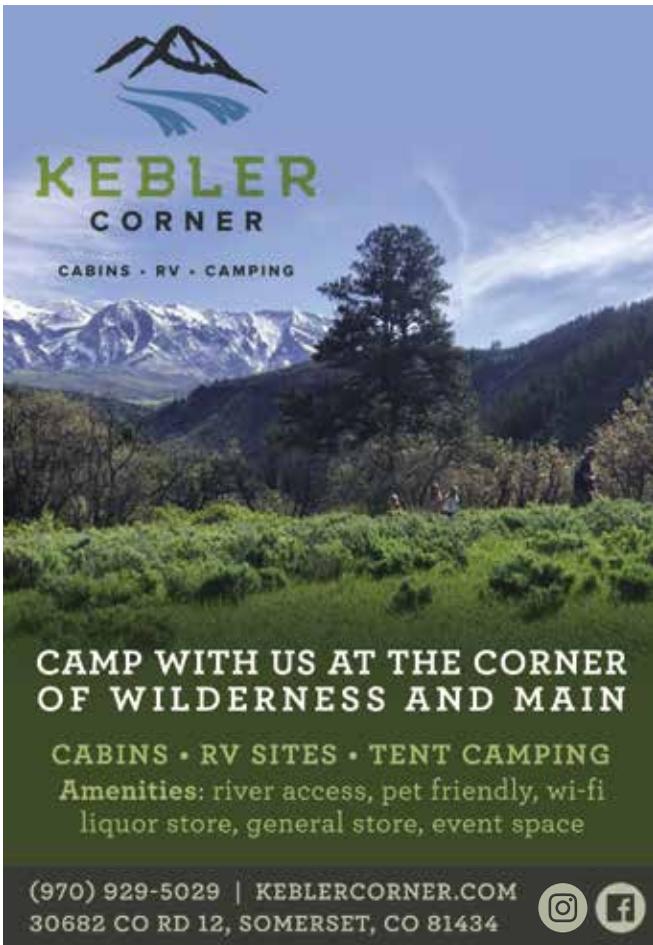
Why choose Fran as your local Realtor?



Understanding that every transaction, buyer and seller is unique, she will focus on your goals. Her success is demonstrated in the over 85 transactions worth \$72M+ in the 5 years since she relocated from the Boston area. Accessible and responsive, Fran has a breadth of experience to offer you and will deliver results.

**FRAN HOGAN** 617.733.9370  
[Fran.Hogan@SIR.com](mailto:Fran.Hogan@SIR.com) | [FranHogan.com](http://FranHogan.com)  
 333 River Valley Ranch Drive, Carbondale, CO 81623

Aspen | Sotheby's  
 Snowmass | INTERNATIONAL REALTY



**KEBLER CORNER**  
CABINS • RV • CAMPING

**CAMP WITH US AT THE CORNER OF WILDERNESS AND MAIN**

CABINS • RV SITES • TENT CAMPING  
 Amenities: river access, pet friendly, wi-fi, liquor store, general store, event space

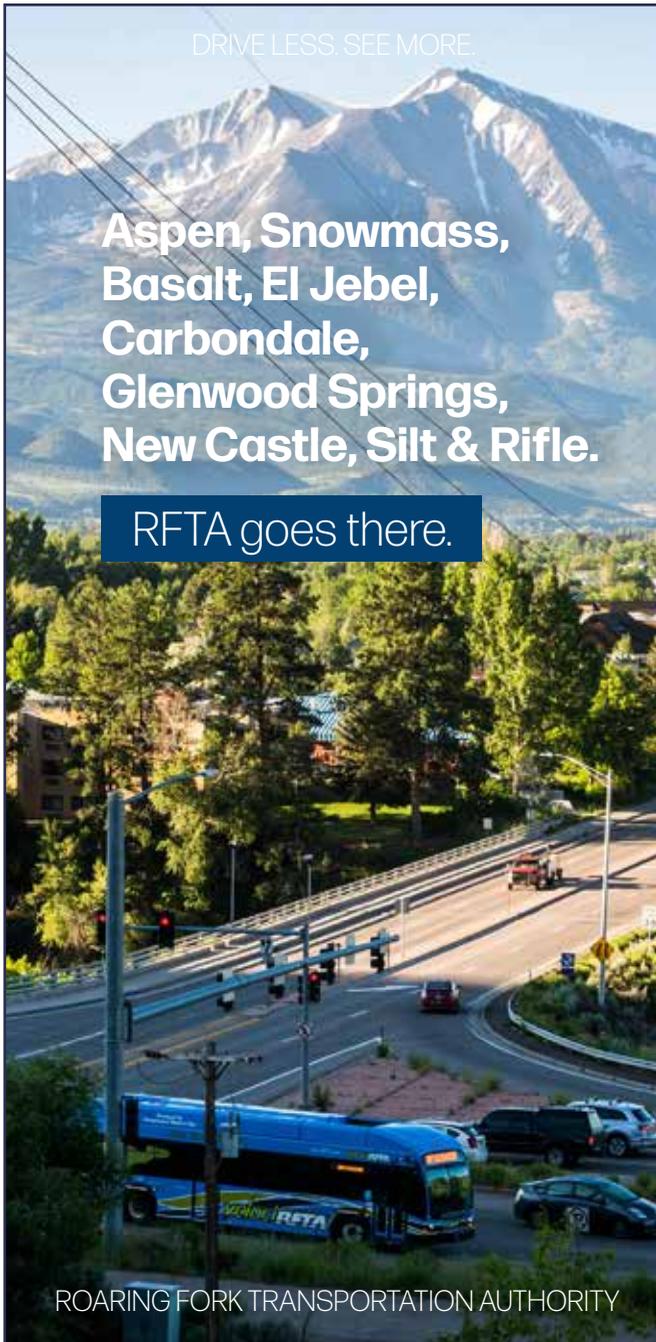
(970) 929-5029 | [KEBLERCORNER.COM](http://KEBLERCORNER.COM)  
 30682 CO RD 12, SOMERSET, CO 81434



DRIVE LESS. SEE MORE.

**Aspen, Snowmass, Basalt, El Jebel, Carbondale, Glenwood Springs, New Castle, Silt & Rifle.**

**RFTA goes there.**



ROARING FORK TRANSPORTATION AUTHORITY

Bike friendly, fast and frequent public transportation from Aspen to Rifle.

**FIND YOUR STOP AT**  
[www.rfta.com/system-map](http://www.rfta.com/system-map)

**970.925.8484**  
**[www.rfta.com](http://www.rfta.com)**





Photo by David Clark

YOUTH PROGRAMS!  
ADULT SPORTS!  
REC CENTER AND POOL OPEN NOW!

# SUMMER FUN!

WITH CARBONDALE PARKS AND RECREATION

FOR REGISTRATION AND INFORMATION VISIT [CARBONDALE.REC.COM](http://CARBONDALE.REC.COM) OR CALL (970)510-1290

# CARBONDALE PARKS AND RECREATION

## Recreation Facilities:

### Carbondale Recreation and Community Center

567 Colorado Avenue  
970.510.1290

### John M. Fleet Pool

684 Main Street  
970.510.1275

### Carbondale Skate/Bike Park and Darien Pickleball and Tennis Courts

Meadowood Drive

### Darien Rodeo and Ice Arena

1151 County Road 100

### 4th Street Plaza Ice Rink

4th and Main Street

## Parks:

### Bonnie Fischer Park

Third Street Center

### Carbondale Nature Park

Merrill Avenue at 4th Street

### Centennial Sundial Park

8th Street and Main Street

### Gateway RV and River Park

Highway 82 and Highway 133

### Gateway Park

Highway 82 and Highway 133

### Gianinetti Park

Village Road (between Surrey Road  
and Wheel Drive)

### Glassier Park

Weant Boulevard and Glassier Drive

### Hendrick Dog Park

Holland Drive and Hendrick Road

### Hendrick Ranch Park

Holland Drive and Hendrick Road

### Keator Grove Park

Keator Road

### Miners' Memorial Park

Hendrick Road and Barber Drive

### Mount Sopris Historical

Society  
Weant Boulevard and Highway 133

### Nuche Park

Highway 133 (South of Crystal  
Bridge Drive)

### Orchard Park

Crystal Bridge Drive and Crystal  
Canyon Drive

### Riverfront Park

Adjacent to Crystal River, South of  
Stairway Park

### Sopris Park

Euclid Avenue, Weant Boulevard,  
and 7th Street

### Stairway Park

Adjacent to Crystal River, Below  
Oak Run Road, Between Crystal  
Road and Greystone Drive

### Thompson Park

River Valley Ranch Road

### Triangle Park

Highway 133 and River Valley  
Ranch Road

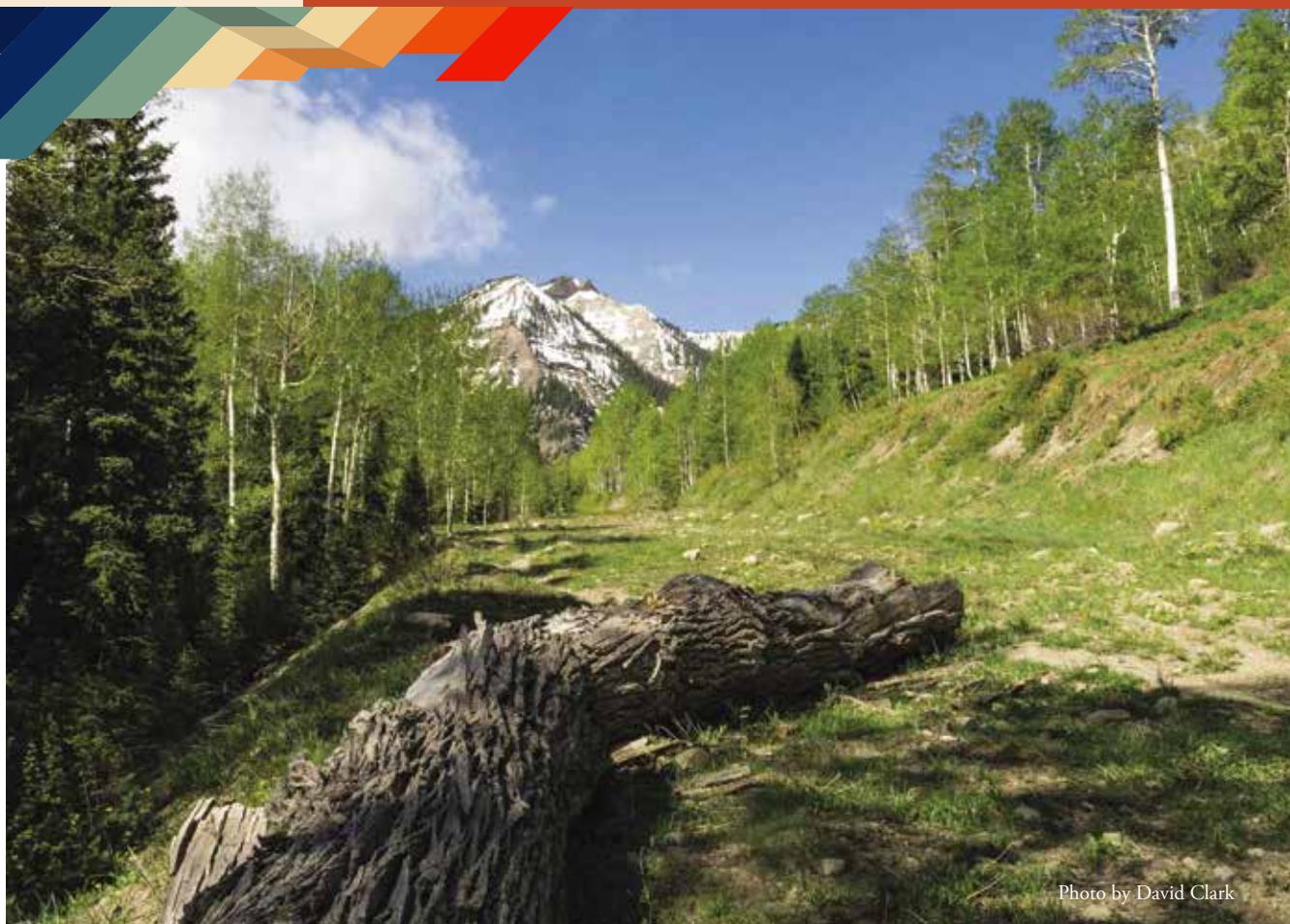


Photo by David Clark

# BUSINESS DIRECTORY

Photo by David Clark

## ACTIVITIES

**Carbondale Recreation and Community Center**  
567 Colorado Avenue  
Carbondale  
970-510-1290  
CarbondaleRec.com

**Pitkin County Senior Services**  
0275 Castle Creek Road  
Aspen  
970-920-5432  
PitkinSeniors.com

**Thompson House Museum**  
499 Weant Boulevard  
Carbondale  
970-963-7041  
CarbondaleHistory.org

## ANIMAL HOSPITAL & VETERINARIANS

**Alpine Animal Hospital**  
17776 Highway 82  
Carbondale  
970-963-2371  
AlpineHospital.com

**Red Hill Animal Health Center**  
955 Cowen Drive  
Carbondale  
970-704-0403  
RedHillVet.com

## ARTS

**Carbondale Arts**  
76 South 4th Street  
Carbondale  
970-963-1680  
CarbondaleArts.com

**Redstone Art Foundation**  
Redstone  
970-963-7322  
RedstoneArtFoundation.org

## ARTWORK

**Vintage Ski World**  
1676 County Road, 100 #N2  
Carbondale  
970-963-9025  
VintageSkiWorld.com

## AUTOMOBILE REPAIR & MAINTENANCE

**Carbondale Car Care**  
1100 Highway 133  
Carbondale  
970-963-2032  
AutoRepairCarbondaleCO.com

**High Tone Auto Body**  
265 E. Cody Lane  
Basalt  
970-927-4351  
HighToneAutoBody.com

**Novus Glass of Carbondale**  
500 Buggy Circle, Ste 1  
Carbondale  
970-963-3891  
NovusGlass.com

## BANKS

**Alpine Bank – Carbondale**  
350 Highway 133  
Carbondale  
970-963-3040  
AlpineBank.com

**Alpine Bank – Willits**  
711 E. Valley Road #101  
Basalt  
970-927-3653  
AlpineBank.com

## CHAMBER OF COMMERCE

**Carbondale Chamber of Commerce**  
520 South 3rd Street  
Carbondale  
970-963-1890  
Carbondale.com

## CONSIGNMENT SPORTING GOODS

**Ragged Mountain Sports**  
810 CO 133  
Carbondale  
970-510-5185  
RaggedMountainSports.com

## DISTILLERS

**Marble Distilling Co. & The Distillery Inn**  
150 Main Street  
Carbondale  
970-963-7008  
MarbleDistilling.com

## GRAPHIC DESIGN

**Jessica Lynn Studios**  
Graphic Design, Illustration & Creative Consultation  
970-456-3162  
JessicaLynnStudios.com

## HAIR SALON

**Fiore Salon**  
225 Main Street  
Carbondale  
970-963-4673  
Visit us on Facebook.

## HOME INTERIORS

**A Great Find**  
52 Pottery Lane  
El Jebel  
970-963-9690  
AGreatFind.net

**Soft Home Studio**  
Custom Window Treatments  
214-764-9805  
SoftHomeStudio.com

## Vintage Ski World

1676 County Road, 100 #N2  
Carbondale  
970-963-9025  
VintageSkiWorld.com

## HOT SPRINGS

**Avalanche Ranch**  
12863 CO 133  
Redstone  
970-963-2846  
AvalancheRanch.com

## JEWELRY

**Catalyst J Jewelry Design**  
CatalystJ.com

## LODGING

**Avalanche Ranch**  
12863 CO 133  
Redstone  
970-963-2846  
AvalancheRanch.com

**Cactus Vacations**  
CactusVacations.com

**Comfort Inn & Suites**  
920 Cowen Drive  
Carbondale  
970-963-8880  
ChoiceHotels.com

**Days Inn by Wyndham Carbondale**  
950 Cowen Drive  
Carbondale  
970-963-9111  
WyndhamHotels.com



## “HISPANOS COMPRARÁN MÁS CASAS ENTRE EL 2020 Y 2024”

Source: Narep

Las tasas de interés siguen históricamente bajas y nuestra meta es aumentar el inventario este otoño/invierno 2021. Está usted pensando en vender su casa y sacarle provecho al fuerte mercado actual? En Rimkus Real Estate le haremos una evaluación completamente GRATUITA de su vivienda y le asesoramos en los programas que ofrecen los bancos. No desaproveche la oportunidad y contáctenos con la certeza absoluta de que tendremos el mejor precio de venta para su propiedad. ¡En Rimkus está en buenas manos!



Hablamos mas de un idioma!



Direct: 970.355.3360  
[www.rimkusrealestate.com](http://www.rimkusrealestate.com)  
f t in RimkusRealEstate

# CACTUS VACATIONS

ROARING FORK VALLEY

Boutique Vacation Rental Management for the Most Unique Spaces in the Roaring Fork Valley

Brittany Hailey, Founder + CEO



**PITKIN COUNTY SENIOR SERVICES**  
— REDSTONE —  
Aging Well in Our Community

## Friendship, Fun & Cool Summer Breezes WITH SENIOR SERVICES IN REDSTONE

Twice-monthly programs are held at the Redstone Inn for Crystal Valley seniors – residents and visitors alike.

**SESSIONS INCLUDE:** Lunch • Program or Activity



*Special thanks to the Redstone Inn for hosting these events!*

We offer a variety of programs to help residents maintain an active and healthy lifestyle.

**NUTRITION • TRANSPORTATION • FITNESS & WELLNESS • VOLUNTEERS  
SOCIAL & EDUCATIONAL OPPORTUNITIES • EDUCATION, OUTREACH & ADVOCACY**



**FOR MORE INFORMATION:** (970) 920-5432 • [seniors@pitkincounty.com](mailto:seniors@pitkincounty.com)

## Four Mile Creek B&B

6471 Co Rd 117  
Glenwood Springs  
970-945-4004  
FourMileCreek.com

## Kebler Corner RV Park, Cabins & Camping

30682 Co Rd. 12,  
Somerset  
970-929-5029  
KeblerCorner.com

## Marble Distilling Co. & The Distillery Inn

150 Main Street  
Carbondale  
970-963-7008  
MarbleDistilling.com

## Redstone Inn

82 Redstone Blvd.  
Redstone  
970-963-2526  
RedstoneInn.com

## The Way Home/Craft Coffee

689 Main Street  
Carbondale  
Find us on Facebook.

## FITNESS / TRAINING

### Ripple Effect

2551 Dolores Way  
970-773-3317  
RippleEffectTraining.com

## LIQUOR STORE

### Downtown Liquors on Main

389 Main Street  
Carbondale  
970-963-2767

## MORTGAGE COMPANIES

### Cornerstone Home Lending

502 Main Street, Unit 11  
Carbondale  
970-704-6440  
HouseLoan.com/Colorado

## MOVING COMPANY

### Double Diamond Moving & Storage

1900 Dolores Way  
Carbondale  
970-927-3770  
DoubleDiamondMoving.com

## NURSING HOME / ASSISTED LIVING

### Heritage Park Care Center

1200 Village Road  
Carbondale  
970-963-1500  
HeritageParkCareCenter.com

### Sopris Lodge at Carbondale

295 Rio Grande  
Carbondale  
970-329-9574  
SoprisLodge.com

## ORGANIC GROCERY

### Mana Foods

792 CO-133 Visit the new  
location!  
Carbondale  
970-963-1137  
mana-foods-organic-food-  
store.business.site

## PHOTOGRAPHY

### Photowerkz Landscape Photography

David Clark, Photography  
Photowerkx.com

## PUBLIC RADIO

KDNK Public Radio  
KDNK.org

## REAL ESTATE

### Amore Realty

711 Main Street  
Carbondale  
Office: 970-963-5177  
Mobile: 970-379-4766  
AmoreRealty.com

### Coldwell Banker Mason Morse

Carbondale Office  
290 Highway 133  
Carbondale  
970-963-3300  
MasonMorse.com

Konnie Krahn-Provence  
970-319-1086  
Konnie@masonmorse.com

Maria Wimmer  
970-274-0647  
Maria@masonmorse.com

## Sotheby's International Realty

Fran Hogan  
Aspen Snowmass Sotheby's  
333 River Valley Ranch  
Carbondale  
617-733-9370  
Fran.Hogan@  
AspenSnowmassSIR.com

### Giovanna Kennedy

333 River Valley Ranch  
Carbondale  
970-404-7110  
Giovanna.Kennedy@  
sothebysrealty.com

## RECORDING STUDIO - VIDEO AND AUDIO PRODUCTION

### Cool Brick Studios

86 South 3rd Street  
Carbondale  
970-948-7766  
CoolBrickStudios.com

## SENIOR CARE & SERVICES

### Heritage Park Care Center

1200 Village Road  
Carbondale  
970-963-1500  
HeritageParkCareCenter.com

### Pitkin County Senior Services

0275 Castle Creek Road  
Aspen  
970-920-5432  
PitkinSeniors.com

## SPORTING GOODS

### Ragged Mountain Sports

810 CO 133  
Carbondale  
970-510-5185  
RaggedMountainSports.com

## SPA / FACIAL / BODY TREATMENTS / ANTI-AGING

### Body Contour Spa

2425. S. Grand Ave.  
Glenwood Springs  
970-355-4897  
ContourBodySpa.com

## STORAGE FACILITY

### Double Diamond Moving & Storage

1900 Dolores Way  
Carbondale  
970-927-3770  
DoubleDiamondMoving.com

## TRANSPORTATION

Roaring Fork  
Transportation Authority  
RFTA.com

## WINDSHIELD REPAIR & REPLACEMENT

### Novus Glass of Carbondale

500 Buggy Circle, Ste 1  
Carbondale  
970-963-3891  
NovusGlass.com

# A SLEEPING BEAUTY AWAKENS!

The owner of the St Regis in Aspen, Stephane De Baets, and his wife Sabrina, are excited to announce the acquisition of the Historic Redstone Castle. The fairy tale castle, 40 minutes outside Aspen, will eventually become a world class spa and retreat. For now, the De Baets' will open the castle for special retreats and experiences. The Castle will also be open to support community events and art shows.

Redstone Castle was completed in 1902 for industrialist and coal magnate John Cleveland Osgood. At the time, Osgood was one of the wealthiest people in the United States (purportedly ranking 6th) and rubbed elbows with the rich and powerful. John D. Rockefeller, J. Pierpont Morgan and Teddy Roosevelt all spent time at the estate. It is also known as Osgood Castle and Cleveholm Manor, its original name. The Castle was placed on the National Register of Historic Places in 1971. The Castle has changed hands many times over the last 50 years and has recently undergone a substantial renovation between 2016-2019.

The Town of Redstone, (Population 92), has a charming main street with restaurants and stores. There is a natural hot springs 9 minutes from the Castle. There are beautiful and isolated hiking trails and secret fishing spots all around.

We have been looking for almost 5 years for a site to build a world class wellness retreat and after several unsuccessful attempts we came across Redstone Castle and directly fell in love with it.

Stephane, whose holding company, Elevated Returns, also owns and manages the Aspen St Regis, said he feels honored and privileged to own this piece of Colorado history. "We have been looking for almost 5 years for a site to build a world class wellness retreat and after several unsuccessful attempts we came across Redstone Castle and directly fell in love with it. We are very excited to work with Pitkin county and the local community. We believe that wellness tourism is the perfect solution for the historic Redstone Castle as it is the least disruptive to the local community in terms of traffic and noise pollution", said De Baets.

Redstone Castle fulfills a long-time dream that Stephane and Sabrina have had to make Pitkin County a world class Spa and health destination. Stephane and Sabrina will work together on the project. Prior to the move to Aspen Sabrina was a seasoned hospitality executive in New York. "Everyone is obsessed with wellness and nature, and it is only natural for Pitkin County to be the epicenter of this trend" said Sabrina "this place is just magical, and we are so excited to work closely with the local community" she added. "Starting this summer we will offer, an outdoor yoga focused retreat, meditation classes, and culinary and nutrition camps. I can't wait" concluded Sabrina. The Castle will also be open for public tours at certain dates.

Eventually Elevated Returns will introduce the first American outpost of Medical Wellness Spa Rakxa [www.rakxawellness.com](http://www.rakxawellness.com). The Rakxa Wellness retreat has received rave reviews internationally for their First Spa in Bangkok.



Photo courtesy Redstone Castle

# TALES OF HAUNTED REDSTONE

- AMY BRADLEY

While most people think of mountain peaks, fresh powder or the mile high capitol when they picture Colorado, those who enjoy a bit of the supernatural are also probably aware of the numerous haunted buildings that scatter the state. Some of the most notorious include Hotel Colorado in Glenwood Springs, the Stanley Hotel in Estes Park, Molly Brown's home and the Brown Palace Hotel in Denver, the Redstone Castle and of course, The Redstone Inn.

Redstone is a beautiful little town which is nestled in the mountains 16 miles from Carbondale. It is home to an abundance of outdoor beauty and fascinating history, which takes you back in time. The Redstone Inn is a classic, regal place to stay with hardwood banisters, a cozy bar, formal dining room and a lovely property to stroll around. The historic Redstone Inn is known for its rich history but also for its spooky stories. Many guests and employees have reported unexplainable experiences. From flickering lights to whispering voices in the night, you may feel the presence of a friendly

ghost. Belly up to the bar and you might find a local who will tell a few spooky tales.

The neighboring Redstone Castle is also known for its rich history. One famous legend is that of Alice Crawford Shaw. Her sister Emma frequented the Redstone Castle where she would often play the piano. She eventually succumbed to Tuberculosis and died there. In 1908, Alice leased the castle and buried her sister on the mountainside. She was a known spiritualist and medium. Alice was notorious for performing seances while trying to contact her sister and other potential spirits. It is said that objects would fly around the room during these events and contact was made, eventually even possessing Alice. It is unclear what happened to Alice in the end but her spirit is said to appear on the mountainsides surrounding the castle. Equally unnerving, are the rumors of faint piano music being heard inside the castle from time to time, courtesy of Emma's spirit.





Photos by David Clark

Another tale surrounding the Redstone Castle is that of John Cleveland Osgood, who completed construction of the amazing 42-room mansion in 1902. Osgood passed away in 1927. He was a notorious cigar smoker and since his death nearly a century ago, both caretakers and visitors have claimed to smell wafts of cigar smoke in the building, even when no one else is there.

In the hotel, visitors and employees have mentioned hearing the voices and footsteps of children running up and down the halls above and around them, only to learn that no children

were staying in the hotel at the time. Eerie sounds with no logical source would be enough to frighten anyone.

For those who enjoy a potential paranormal experience, or simply want to spend a night away in a beautiful and secluded part of Colorado, Redstone is the answer. Redstone Inn's friendly staff and cozy, classic accommodations will welcome you but you might experience a little spookiness. A Halloween season stay at the Inn will be an event to share with friends and family upon returning home.



*"I love historic hotels, and they do not come more charming than the Redstone Inn."*  
- TRIP ADVISOR

TWO ON-SITE RESTAURANTS | EVENTS & WEDDINGS  
UNIQUE ROOMS | OPEN 365 DAYS A YEAR  
MOUNTAIN TRAILS, FLY FISHING, HOT SPRINGS & MORE

Book a room, learn our history, and view more photos:  
**REDSTONEINN.COM**

# REDSTONE GENERAL STORE



Photos by David Clark



Redstone may be a smaller town than nearby Carbondale, but what it lacks in population, it makes up for in abundant natural beauty and unique character. The place that caters to everyone's needs while showcasing local culture and merchandise, is the historic Redstone General Store.

The store has been in business since 1950 and as of October of 2020, it has been in the hands of Oriana Moebius and Rochelle Norwood. Their hearts have been in the store for quite some time. The newest owners have included more items, including local products. Currently, the store sells everything from locally-grown produce to cultural and local artisan goods. It is also a bakery, deli, liquor store, coffee shop and ice cream parlor. The General Store has nearly everything one could want!

Oriana and Rochelle don't want to stop there either and they have exciting plans for the future. Eventually, they hope to offer their own salsas, hot sauces and other various sauces. Other future plans for the store include to-go dinners as well as summer farm-to-table dinners on site. This would be a wonderful way to not only showcase their talents but bring people together.

Currently the store is open year around, seven days a week, always. In the summer months, the store is open from 7 am to 7 pm and the rest of the year, 8 am to 6 pm. So, whether your vacation to Redstone is on a weekday or weekend, the store will be open, offering a variety of provisions. A trip to Redstone would not be complete without a visit to the General Store. Stay tuned for what's in store!

# Carbondale & Redstone MARKET UPDATE

## CARBONDALE SINGLE FAMILY HOME TRENDS

Avg Inventory & Avg Sales Price\*  
March YTD



Prices in Carbondale and Redstone have reached an all-time high and inventory is extremely low.

## CARBONDALE & REDSTONE REAL ESTATE ACTIVITY & TRENDS\*\*

Neighborhood	Original List	Sold Price	Percent Sold %	Days on Market	Beds	Full Bath	Half Bath	Sold Price Per Sq. Ft.
Aspen Glen	\$4,000,000	\$3,550,000	89%	52	5	6	2	\$631.90
River Valley Ranch	\$2,249,000	\$2,398,000	107%	484	3	3	1	\$764.91
Aspen Equestrian	\$2,200,000	\$2,200,000	100%	16	4	3	0	\$767.35
River Valley Ranch	\$1,695,000	\$1,620,000	96%	91	3	3	0	\$537.14
Townsite	\$1,200,000	\$1,000,000	83%	215	3	0	0	\$469.92
Crystal Village	\$930,000	\$800,000	86%	115	4	2	0	\$368.66
Thompson Park	\$900,000	\$934,347	104%	480	3	2	1	\$513.66
Colorado Meadows	\$895,000	\$950,000	106%	39	3	1	0	\$549.77
Thompson Park	\$830,000	\$852,859	103%	617	3	2	1	\$468.86
Thompson Park	\$820,000	\$838,528	102%	586	3	2	1	\$460.98
Thompson Park	\$820,000	\$853,673	104%	586	3	2	1	\$469.31
Thompson Park	\$820,000	\$853,531	104%	614	3	2	1	\$469.23
Conestoga Condo	\$715,000	\$710,000	99%	114	4	2	1	\$377.66
West	\$668,000	\$600,000	90%	134	3	0	0	\$595.24
Townsite	\$615,000	\$615,000	100%	29	1	1	0	\$636.65
Carbondale South	\$525,000	\$525,000	100%	65	3	2	0	\$407.61

\*Market analytics represent all real estate data for Carbondale for March 2022 compared YOY. Obtained from InfoSparks © 2022 Showing Time.  
 \*\* (Activity and Trends Data is a sampling of all Carbondale and Redstone sales over \$500,000 for entire brokerage community from 3/01/22 to 4/21/22, Source: Aspen Glenwood MLS.)

## FEATURED Agents

If you're considering selling your home, now is an excellent time. Let our experts help you!



TARA ADIS



ERIN BASSETT



BILL BLANTON



PATTY BRENDLINGER



JIM CARDAMONE



BECKY CIANI



ASHLEY EATON



ASHLEY EBERLY



NANCY EMERSON



AUDREY IMHOFF



KONNIE KRAHN-PROSENICE



TESSA MAIZE



ELISSA MARKOVA



JAMIE MAYBON



SARAH MURRAY



LESLIE NEWBURY



TAMMY REID



ROSHNI SLALI



GABRIELLA SUTRO



JOY WHITE



MARIA WIMMER



COLDWELL BANKER  
MASON MORSE

BASALT • CARBONDALE  
REDSTONE • GLENWOOD SPRINGS  
Visit us at [cbmasonmorse.com](http://cbmasonmorse.com)



**Glenwood Springs**

To Rifle, Grand Junction

To Denver

Sunlight Peak  
9,895 ft.

**Carbondale**

**Redstone**

To McClure Pass, Paonia

**LEGEND**

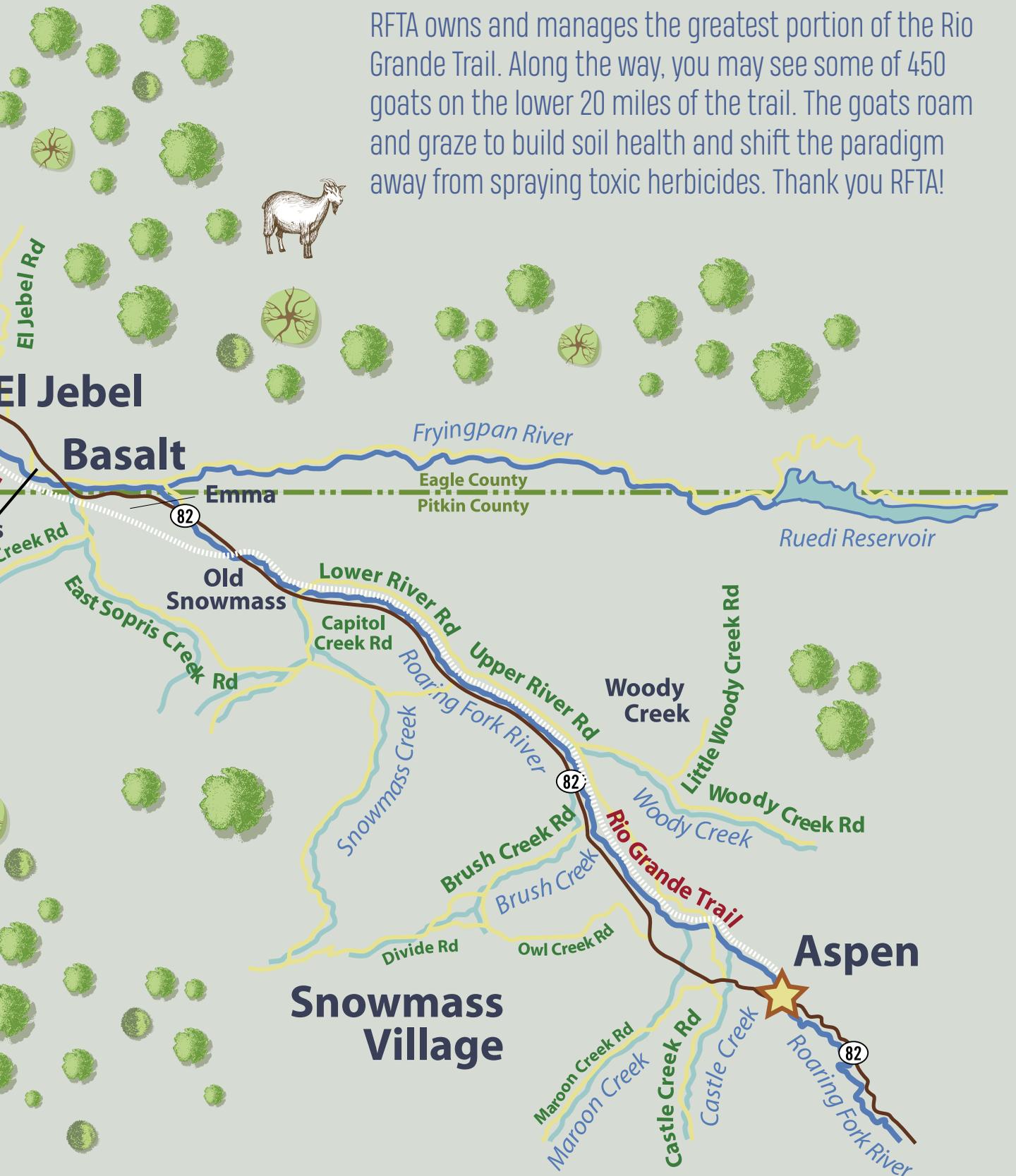
-  Interstate
-  Highway
-  County Road
-  Bike Trail
-  Golf Course



# Rio Grande Trail Map

## Did You Know?

RFTA owns and manages the greatest portion of the Rio Grande Trail. Along the way, you may see some of 450 goats on the lower 20 miles of the trail. The goats roam and graze to build soil health and shift the paradigm away from spraying toxic herbicides. Thank you RFTA!



# Carbondale Town Map



- |  |  |
|--|--|
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

689 MAIN STREET  
MORE THAN MEETS THE EYE

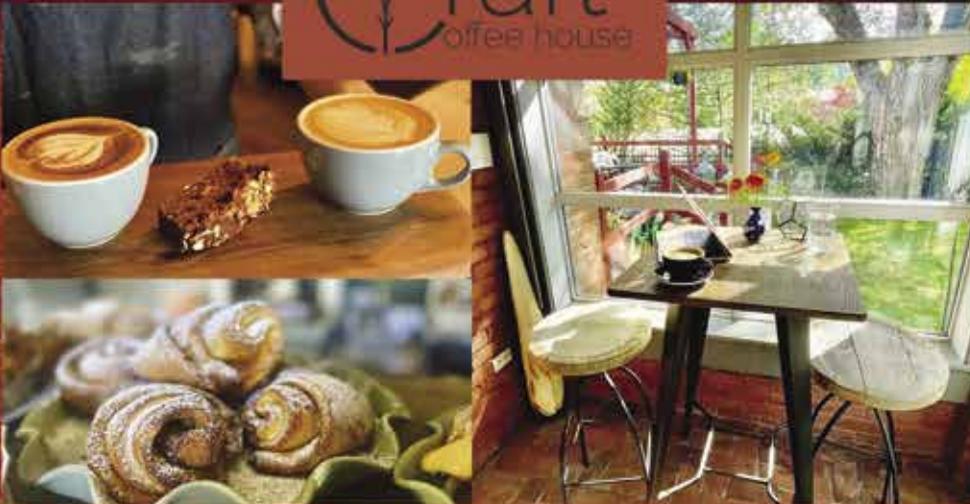
# THE WAY HOME



A BOUTIQUE HOTEL, A SANCTUARY FOR THE WILD-HEARTED



Craft  
coffee house



COMMUNITY DERIVED CRAFTSMANSHIP THROUGH COFFEE, TEA, & EATS

970-977-9916 | [WAYHOME.CO](http://WAYHOME.CO) | CARBONDALE, CO





**DOUBLE DIAMOND**

**MOVING & STORAGE**

**970.927.3770**

**[www.doublediamondmoving.com](http://www.doublediamondmoving.com)**

**EXPERTS ONLY**

1900 Dolores Way, Carbondale, CO 81623